



Fall Guided Hikes 2018 - Fundy Region

(Municipality of East Hants, Cumberland County, Colchester County)

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how to prepare here](#).

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Km Return	Trail difficulty	Directions Hike Details	Organization / Contact
Kenomee Canyon Economy	September 29 8:30 AM	Yes lexmclaughlin7@gmail.com	Free	18	Challenging	Take Exit 12 (Masstown Market) on Hwy 104. Take Hwy 2 West to Central Economy and meet in the parking lot of the Interpretation Centre.	Kenomee Trail Society Alexia McLaughlin lexmclaughlin7@gmail.com www.colchester.ca/kenomee-trail-system#kenomee
Sandy Cope Loop, Gully Lake Wilderness Area <i>Kempton</i>	October 13 10:30 AM	Yes gguth111@gmail.com	Free	9	Challenging	See the directions on the website at www.cobequidecotrails.ca . Rain date: Sunday, October 14. Let's go check out the fall foliage on this hike deep into the heart of the Gully Lake Wilderness Area. We will hike the Yellow Birch, Portage and Sandy Cope loop trails. The trail can be rough/rocky/rootie in places and possibly wet, depending on the weather. Be prepared for unstable footing, rain and/or cold.... and beautiful scenery and camaraderie.	Cobequid Eco-Trails Society Ginny Guthrie gguth111@gmail.com www.cobequidecotrails.ca
Nine Mile River Trail <i>Nine Mile River</i>	October 13 11:00 AM	Yes vp.ninemilerivertrails@gmail.com	Free	7	Moderate	Take Hwy 102 to Exit 7, turn right on Hwy #2 towards Enfield. Turn left on to Old Enfield Road (just past the Home Hardware on Highway #2). You must keep to the right at 2 separate forks on the road to stay on Enfield Road. The trail head is 8.1 kms out Old Enfield Road, on the left (1143 Enfield Rd, Nine Mile River). There is a parking lot with a sign at the road.	Nine Mile River Trails Association Juliet Gilmour vp.ninemilerivertrails@gmail.com www.facebook.com/groups/117345931640434/about/