

Fall Guided Hikes 2017 - South Shore Region

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to the ParticipACTION 150 Play List and the NS Department of Communities, Culture and Heritage for their support.

Hikes are free and **pre-registration is required** unless otherwise indicated. See the details below for each hike. Hiking is a top activity on the ParticipACTION 150 Play List.

When hiking, always be prepared for the conditions. Learn how to prepare here: <https://www.adventuresmart.ca/land/hiking.htm>.

Trail/Hike name	Date	Time	Do I need to Pre-Register?	Km Return	Trail difficulty	Directions & Details About the Hike	Organization/Contact
Bike Hike Ernst Woodlot <i>Clearland, Mahone Bay</i>	September 30	2:00 PM	Must pre-register at 902-541-1343, recreation@modl.ca or www.modl.ca	8	Moderate	A large well managed Christmas lot with roads throughout. We'll hike/bike the perimeter, visit a lake and see an interesting erratic. Owner, Tom Ernst, will provide information on the woodlot management. Directions given upon pre-registration.	District of Lunenburg Recreation Janice Rand janice.rand@modl.ca www.modl.ca
Blue Rocks Common <i>Blue Rocks, Lunenburg County</i>	November 4	2:00 PM	Must pre-register at 902-541-1343, recreation@modl.ca or www.modl.ca	8	Moderate	Meet at 28 Back Harbour Rd. at the Saw Pit Wharf to carpool. Tick precautions are a must.	