

Fall Guided Hikes 2017 - Halifax Region

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to the ParticipACTION 150 Play List and the NS Department of Communities, Culture and Heritage for their support.

Hikes are free and **pre-registration is required** unless otherwise indicated. See the details below for each hike. Hiking is a top activity on the ParticipACTION 150 Play List.

When hiking, always be prepared for the conditions. Learn how to prepare here: <https://www.adventuresmart.ca/land/hiking.htm>.

| Trail/Hike name | Date | Time | Do I need to Pre-Register? | Km Return | Trail difficulty | Directions & Details About the Hike | Organization/Contact |
|---|--|----------|--|-----------|------------------|--|---|
| Fitzroy River <i>Hubbards</i> | September 18 | 2:30 PM | Must pre-register at Nadinehackney@gmail.com | 6 | Moderate | Meet at Through The Years Daycare at 20 Pte. Richard Green Lane in Hubbards. | The Evergreen Club Nadine Hackney Nadinehackney@gmail.com |
| Cleveland Beach Hike for Girls <i>Black Point</i> | September 19 | 6:30 PM | Must pre-register at gogirlshubbards@gmail.com | 3 | Easy | Meet on the grass beside the parking lot at 8880 St. Margarets Bay Rd. Go Girls! Hubbards is a group for females age 10-15 that promotes healthy active living in a safe and supportive environment. | Go Girls! Hubbards Nadine Hackney gogirlshubbards@gmail.com |
| Birdwatching Hike: Early Fall Migrants <i>Taylor Head Provincial Park, Spry Bay</i> | September 23 | 10:00 AM | No | 12 | Challenging | Meet by the kiosk at the last parking lot inside the park. This activity will be along the Spry Bay and Headland Trails, which will take about four hours to complete. It should provide a good photo opportunity for migrating Waders, Blackpoll Warblers, Black-backed Woodpeckers and Common Yellowthroats. You will encounter rugged terrain so it is advised to wear hiking boots. Bring snacks or a lunch and water, and don't forget your binoculars and camera. | Friends of Taylor Head Provincial Park Warren Parsons rosalieeast@ns.sympatico.ca friendsoftaylorhead.com/events |
| Hobsons Lake Trails <i>Halifax</i> | September 23 | 9:45 AM | No | 10 | Moderate | Off Kearney Lake Rd, turn onto Bell St. and go to the end of Collins Rd. Bring a lunch and lots of water. | Chebucto Hiking Club Colin Darlington chebuctohiking@hotmail.com www.chc.chebucto.org |
| Blue Mountain Hill <i>Halifax</i> | September 24 | 1:00 PM | Must pre-register at sandfg6@gmail.com or 902-435-6959 | 5 | Moderate | Meet at Anahid Dr. off Kingswood Dr. off Hammonds Plains Rd. Parki in the cul-de-sac. The hike leader is James Boyer. | Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxnorthwesttrails.ca |
| Exploring Ghosts: Old Coach Road <i>Long Lake Provincial Park, Goodwood</i> | September 30 | 8:00 AM | Must pre-register at www.meetup.com/Halifax-Outdoors/events/241793349 | 5 | Moderate | The hike will include Prospect Rd. to Old Sambro Rd. Meet at the Tim Horton's on Mumford Rd. in Halifax. Carpooling is required for this hike as we will be leaving some cars at the end of the trail and taking others to the start of the trail. There are additional logistics for this hike. Please see the Halifax Outdoor Adventurers event page to review all details, and to register: www.meetup.com/Halifax-Outdoors/events/241793349 . | Halifax Outdoor Adventurers & Five Bridges Wilderness Heritage Trust Krista Whitehouse www.meetup.com/Halifax-Outdoors/events/241793349 |
| Fleming Park - Adult Hiking Series <i>Halifax</i> | October 1 Postponed to Oct. 15 | 1:00 PM | Must pre-register at coleys@halifax.ca or 902-490-4539 | 4 | Easy | Please meet at the Adventure Earth Centre, 68 Parkhill Rd. This is the first hike in a series of four (October 1, 15, 22 and 29). Subsequent hike information will be given out at the first hike. | Adventure Earth Centre Sarah Coley coleys@halifax.ca www.halifax.ca/index.php/recreation/programs-activities |

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| Take a Hike Near the Keshen Goodman Library <i>Halifax</i> | October 3 | 1:30 PM | No | 2 | Easy | Meet in the Keshen Goodman Library lobby and enjoy a guided walk of the trails in the surrounding area with Halifax North West Trails. Keshen Goodman has a limited number of nordic poles available to borrow so book yours soon for use on the walks (contact at www.halifaxpubliclibraries.ca). | Keshen Goodman Public Library with the Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxpubliclibraries.ca |
| Fleming Park – Women’s Hiking Series <i>Halifax</i> | October 4 | 9:00 AM | Must pre-register at coleys@halifax.ca or 902-490-4539 | 4 | Easy | Please meet at the Adventure Earth Centre, 68 Parkhill Rd. This is the first of a women's hiking series of four hikes (October 4, 11, 18 and 25). Subsequent hike information will be given at the first hike. | Adventure Earth Centre Sarah Coley coleys@halifax.ca www.halifax.ca/index.php/recreation/programs-activities |
| Take a Hike Near the Keshen Goodman Library <i>Halifax</i> | October 10 | 1:30 PM | No | 2 | Easy | Meet in the Keshen Goodman Library lobby and enjoy a guided walk of the trails in the surrounding area with Halifax North West Trails. Keshen Goodman has a limited number of nordic poles available to borrow so book yours soon for use on the walks (contact at www.halifaxpubliclibraries.ca). | Keshen Goodman Public Library with the Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxpubliclibraries.ca |
| Seniors Walk Belchers Marsh <i>Clayton Park, Halifax</i> | October 12 | 10:00 AM | Must pre-register at sandfg6@gmail.com or 902-435-6959 | 2.5 | Easy | Meet at the corner of Parkland and Langbrae. This is a gentle walk around Belchers Marsh followed by light refreshment. Walk leaders are Susan Nasser and Audrey Peake. | Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxnorthwesttrails.ca |
| Fleming Park - Adult Hiking Series <i>Halifax</i> | October 15 | 1:00 PM | Must pre-register at coleys@halifax.ca or 902-490-4539 | 4 | Easy | Please meet at the Adventure Earth Centre, 68 Parkhill Rd. This is the first hike in a series of four (October 1, 15, 22 and 29). Subsequent hike information will be given out at the first hike. | Adventure Earth Centre Sarah Coley coleys@halifax.ca www.halifax.ca/index.php/recreation/programs-activities |
| Hunt for Fall Colours <i>Hubbards</i> | October 16 | 2:30 PM | Must pre-register at Nadinehackney@gmail.com | 3 | Moderate | Meet at Through The Years Daycare at 20 Pte. Richard Green Lane in Hubbards. | The Evergreen Club Nadine Hackney Nadinehackney@gmail.com |
| Take a Hike Near the Keshen Goodman Library <i>Halifax</i> | October 17 | 1:30 PM | No | 2 | Easy | Meet in the Keshen Goodman Library lobby and enjoy a guided walk of the trails in the surrounding area with Halifax North West Trails. Keshen Goodman has a limited number of nordic poles available to borrow so book yours soon for use on the walks (contact at www.halifaxpubliclibraries.ca). | Keshen Goodman Public Library with the Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxpubliclibraries.ca |
| Blue Mountain Birch Cove Lakes <i>Halifax</i> | October 21 | 10:00 AM | No | 7 | Moderate | Meet at the Burger King on Chain Lake Drive. We will walk to the trailhead from there. Come and hike with Andy Fillmore MP Halifax, Geoff Regan MP Halifax West and A for Adventure! | Organized by Andy Fillmore MP Halifax, Geoff Regan MP Halifax West & A for Adventure Joanne Macrae andy.fillmore.c1@parl.gc.ca www.andyfillmore.ca www.geoffregan.ca www.aforadventure.ca |

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| Fall Family Hike and Scavenger Hunt <i>Hubbards</i> | October 21 | 2:00 PM | Must pre-register at Nadinehackney@gmail.com | 2 | Easy | Meet at the upper ball field of the Hubbards Recreation Centre at 9856 St. Margarets Bay Rd. | Hubbards Area Recreation Association (HARA) Nadine Hackney nadinehackney@gmail.com |
| Take a Hike Near the Keshen Goodman Library <i>Halifax</i> | October 24 | 1:30 PM | No | 2 | Easy | Meet in the Keshen Goodman Library lobby and enjoy a guided walk of the trails in the surrounding area with Halifax North West Trails. Keshen Goodman has a limited number of nordic poles available to borrow so book yours soon for use on the walks (contact at www.halifaxpubliclibraries.ca). | Keshen Goodman Public Library with the Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxpubliclibraries.ca |
| Take a Hike Near the Keshen Goodman Library <i>Halifax</i> | October 31 | 1:30 PM | No | 2 | Easy | Meet in the Keshen Goodman Library lobby and enjoy a guided walk of the trails in the surrounding area with Halifax North West Trails. Keshen Goodman has a limited number of nordic poles available to borrow so book yours soon for use on the walks (contact at www.halifaxpubliclibraries.ca). | Keshen Goodman Public Library with the Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxpubliclibraries.ca |
| Late Season Guided Hike <i>Taylor Head Provincial Park, Spry Bay</i> | November 4 | 10:00 AM | No | 12 | Moderate | Meet at the Bull Beach parking lot inside the park. Join us for a walk on the Bull Beach Trail and the Bob Bluff Trail to Psyche Cove Beach (Taylor Head Beach). Our walk continues along the beach to Powers Pond and the Spry Bay Trail, then back to the main parking lot to finish off. Participants will have the option of a shuttle back to the Bull Beach parking lot, or you may choose to walk the Park Rd. back to your car. | Friends of Taylor Head Provincial Park Warren Parsons rosalieeast@ns.sympatico.ca friendsoftaylorhead.com/events |
| Exploring Local Plants and Animals <i>Hubbards</i> | November 6 | 2:30 PM | Must pre-register at Nadinehackney@gmail.com | 5 | Easy | Meet at Through The Years Daycare at 20 Pte. Richard Green Lane in Hubbards. | The Evergreen Club Nadine Hackney Nadinehackney@gmail.com |
| Herring Cove Provincial Park Herring Cove/Halifax | November 11 | 12:00 PM | No | 5 | Easy | We will meet at the Halifax Common to journey together to Herring Cove via the #20 bus route. There is an option to meet us at Mumford Terminal. | Trips By Transit Meredith Baldwin tripsbytransit.hfx@gmail.com adventurebybus.wixsite.com/home |