

2019 Hiking Summit Detailed Program

May 24 – 26, 2019, Oak Island Resort & Conference Centre

The Summit program may change as the program evolves

Friday, May 24th

12:00pm – 8:30pm **Registration** Bluenose Foyer

1:00pm – 1:30pm **Travel to Trailheads**

1:30pm – 5:30pm **Afternoon Hikes**

Option 1	Option 2	Option 3	Option 4	Option 5 <i>Additional charges.</i>
Castle Rock	Maggie Maggie Brook	Blue Rocks Common Adventure	Ernst Woodlot Hike	Blue Rocks Paddle & Hike to Little Eastern Points Island <i>Meet at 1:00 pm.</i>

You must attend the hike you signed up for during online registration. Please refer to the Detailed Hike Schedule for descriptions and details on each hike. Parents and caregivers are responsible for their children on all hikes, including judging their child's ability to do a hike. Don't forget to pick up your hike snacks - free power bars and apples - in the Summit registration area where you can also fill up your refillable water bottles - bring lots of water!

5:30pm – 6:30pm **Supper on Your Own**

6:30pm – 8:30pm **Welcome Reception, Displays, & Silent Auction** Bluenose A & B
**reception includes finger foods, cash bar available*

Reception includes four short **Pecha Kucha presentations:**

- Gordon Tate – Exploring Anticosti Island
- Marnie Oatway – Adventure Trail Running
- Mark Mossman – Keji Seaside Hike
- Sandy Hamilton – Dynamite Trail: Learning in Trail Maintenance

The presenting sponsor is **O'Regan's South Shore Subaru.**

8:00pm – 12:00am **Live Music (Guy Paul Thibault)** Fireside Lounge
**cash bar available, food service until 9:00 pm*

9:00pm **Night Hikes**

Option 1	Option 2
Lantern Hike - Starry Starry Night Sorry, Sold Out!	Lantern Walk - Ghost Stories Sorry, Sold Out!

You must attend the hike you signed up for during online registration. Please refer to the Detailed Hike Schedule for descriptions and details on each hike. Parents and caregivers are responsible for their children on all hikes, including judging their child's ability to do a hike.

9:00pm **Campfire Program** Fire Pit

You are welcome & encouraged to bring and play your own musical instruments and singing voices! The campfire is sponsored by the **Nova Scotia Department of Lands and Forestry** and the **Nova Scotia Department of Environment**.

Saturday, May 25th

5:15am – 6:30am **Sunrise Hikes**

Option 1	Option 2
Sunrise at Graves Island Provincial Park	Sunrise on Gold River Bridge

You must attend the hike you signed up for during online registration. Please refer to the Detailed Hike Schedule for descriptions and details on each hike. Parents and caregivers are responsible for their children on all hikes, including judging their child's ability to do a hike.

7:00am – 9:00am **Breakfast on Your Own** (in LaVista Dining Room for those staying at Oak Island Resort)

8:00am – 12:00pm **Registration & Silent Auction Pick-Up** Bluenose Foyer

9:00am – 10:00am **Official Opening** Bluenose A & B

9:15am – 12:00pm **Kids Programming** Bluenose A & B

10:00am – 10:30am **Nutrition Break** Bluenose Foyer

Sponsored by the **Municipality of Chester**.

10:30am – 11:00am **Breakout Sessions**

Session 1A - Bluenose A	Session 1B - Bluenose B
-------------------------	-------------------------

<p>Ask not only "What hiking can do for you" but also "What you can do for hiking" <i>Experiences of thru hiking and day hiking the Appalachian Trail and how you can give back to hiking.</i> Gordon Warnica & James Balcom</p>	<p>Pecha Kucha Presentations <i>Cindy Harvey – East Coast Trail</i> <i>Nancy Veinot – Broad Cove to Petite Riviere</i> <i>Dan Harvey – Camino de Santiago Trail</i> <i>Eileen MacDonald – Exploring the Floe Edge off the NE Coast of Baffin Island</i></p>
---	--

11:15am – 11:45am **Breakout Sessions**

Session 2A - Bluenose A	Session 2B - Bluenose B
<p>Hiking on Private Land & Woodlots Panel Marty Murphy & Larry Goodwin</p>	<p>Trail Art Project Britt Vegsund, Municipality of the District of Lunenburg</p>

12:00pm – 1:00pm **Lunch** Bluenose A & B

1:00pm – 1:30pm **Travel to Trailheads**

1:30pm – 5:30pm **Afternoon Hikes**

Option 1	Option 2	Option 3	Option 4	Option 5
Riverbank Habitat Trail Art Hike	Castle Rock	<p>Gold River Mines Tour <i>Sponsored by Atlantick Repellent Products</i> Sorry, Sold Out!</p>	Dynamite Trail / Oakland Common	LaHave River Trail / Arthur Young Trail

You must attend the hike you signed up for during online registration. Please refer to the Detailed Hike Schedule for descriptions and details on each hike. Parents and caregivers are responsible for their children on all hikes, including judging their child's ability to do a hike. Don't forget to pick up your hike snacks - free power bars and apples - in the Summit registration area where you can also fill up your refillable water bottles - bring lots of water!

6:30pm – 8:30pm **Banquet: Supper, Keynote & Awards** Bluenose A & B

After supper, we'll hear from Jan Sebastian LaPierre, with A for Adventure followed the presentation of Hike Nova Scotia's annual Summit Award. **O'Regan's South Shore Subaru** is the presenting sponsor for the banquet and keynote speaker.

8:00pm – 12:00am **Live Music** Fireside Lounge

**cash bar available, food service until 9:00 pm*

9:00pm

Night Hikes

Option 1	Option 2
Lantern Hike - Starry Starry Night Sorry, Sold Out!	Lantern Walk - Ghost Stories Sorry, Sold Out!

You must attend the hike you signed up for during online registration. Please refer to the Detailed Hike Schedule for descriptions and details on each hike. Parents and caregivers are responsible for their children on all hikes, including judging their child's ability to do a hike.

9:00pm

Campfire Program

Fire Pit

You are welcome & encouraged to bring and play your own musical instruments and singing voices! The campfire is sponsored by **Kejimikujik National Park & National Historic Site of Canada, Parks Canada**.

Sunday, May 26th

5:15am – 6:30am

Sunrise Hikes

Option 1	Option 2
Sunrise Hike at Graves Island Provincial Park	Sunrise Hike to Narrow's Basin

You must attend the hike you signed up for during online registration. Please refer to the Detailed Hike Schedule for descriptions and details on each hike. Parents and caregivers are responsible for their children on all hikes, including judging their child's ability to do a hike.

7:00am – 9:00am

Breakfast on Your Own (in LaVista Dining Room for those staying at Oak Island Resort)

8:00am – 12:00pm

Registration & Silent Auction Pick-Up

Bluenose Foyer

9:00am – 12:00pm

Kids Programming

Bluenose A & B

9:00am – 9:30am

Breakout Sessions

Session 3A -Bluenose A	Session 3B - Bluenose B
Caring for Our Conservation Areas <i>Nature Conservancy of Canada has been working to protect and manage private land in Nova Scotia since 1971. Come learn about our journey, how we care for our land, and</i>	There's an App & Tech for That <i>Helpful apps and gadgets to help you prepare for or enhance your hike.</i> Christine Angelidis, MEC

<p><i>how you can take part as we continue protect land along the south shore of Nova Scotia.</i> Danielle Horne, Nature Conservancy of Canada</p>	
--	--

9:45am – 10:15am **Breakout Sessions**

Session 4A - Bluenose A	Session 4B - Bluenose B
<p>Hiking Opportunities in Nova Scotia Provincial Parks <i>Learn about hiking opportunities within NS Provincial Parks. Share your feedback on NS Parks new trail maps and trail rating system.</i> Sandra Fraser, NS Parks, NS Department of Lands and Forestry</p>	<p>Give me a map and I'm magic! <i>An introduction to the beauty of orienteering maps and their wider application, we will introduce the sport of orienteering in general and explain how it exercises both the body and the mind.</i> Emily Secord and Kara Turner of Orienteering Nova Scotia</p>

10:15am – 10:45 am **Nutrition Break**

Bluenose Foyer

Sponsored by the ***District of Lunenburg.***

10:45am – 11:15 am **Breakout Sessions**

Session 4A -Bluenose A	Session 4B - Bluenose B
<p>Parks Canada Session <i>Kejimkujik National Park has some changes coming up over the next year or two that will impact hikers. Learn about campground changes, new trails and more.</i> Ashley Moffat Kejimkujik National Park & National Historic Site of Canada, Parks Canada</p>	<p>First Nations Storytelling Melissa Labrador, Acadia First Nation</p>

11:15am – 11:45 am **Oak Island Check Out** (or before)

11:45am – 12:15pm **Summit Closing**

Bluenose A & B

12:15pm – 1:15pm **Lunch**

Bluenose A & B

1:15pm – 1:45 pm **Travel to Trailheads**

1:45pm – 5:30 pm **Afternoon Hikes**

Option 1	Option 2	Option 3	Option 4	Option 5
<p style="text-align: center;">Riverbank Habitat Trail Art Hike</p>	<p style="text-align: center;">Gold River Mines Tour Sponsored by Atlantick Repellent Products Sorry, Sold Out!</p>	<p style="text-align: center;">Gaff Point & Hirtle's Beach</p>	<p style="text-align: center;">Indian Path Commons</p>	<p style="text-align: center;">Medicine Walk & Card Lake Hike Sorry, Sold Out!</p>

You must attend the hike you signed up for during online registration. Please refer to the Detailed Hike Schedule for descriptions and details on each hike. Parents and caregivers are responsible for their children on all hikes, including judging their child's ability to do a hike. Don't forget to pick up your hike snacks - free power bars and apples - in the Summit registration area where you can also fill up your refillable water bottles - bring lots of water!