



Fall Guided Hikes & Walks 2023



Valley

Hike Nova Scotia thanks its community partners for organizing these events, as well as [Goose Lane Editions](#) and the [NS Department of Communities, Culture, Tourism and Heritage](#) for their support. All participants have the opportunity to win a 'trail' prize. Some events require pre-registration and most are free or low-cost. See the details below for each hike. When hiking, walking or snowshoeing, always be prepared for the conditions. [Learn how here.](#)

Trail/Hike name	Date & Time	How to Register	Cost / Person	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Princess Louise Monument Hike Digby	September 16 1:00PM Postponed to Sept. 30	No need to register	Free	4	Moderate	Parking lot for Point Prim Lighthouse, next to 1417 Lighthouse Rd: http://www.digbytrails.ca/point-prim-directions.html . This hike combines rough woodland trails and clambering over uneven shoreline. Following the hike, BBQ at the lighthouse. Open house and activities hosted by Friends of Point Prim.	Fundy Erratics Hiking Group www.facebook.com/groups/fundyerratics
Upper Clements Trail System Upper Clements	October 7 10:00 AM Postponed to Oct. 14	No need to register	Free	5	Moderate	Meet in the Upper Clements Trail parking lot.	Fundy Erratics Hiking Group www.facebook.com/groups/fundyerratics
The Gorge Kentville	October 14 10:00 AM	https://forms.office.com/r/rZwS9J3EvS	Free	5	Moderate	Meet at The Gorge (53 Gladys Porter Drive). Come learn about Nature Connectedness as we hike The Gorge!	Town of Kentville kentville.ca/parks-and-recreation
Moses Mountain West Hants	October 21 10:00 AM	www.westhants.ca/rec	Free	3.7	Challenging	https://goo.gl/maps/WyrAzBsfZANL4Kwd9	West Hants Regional Municipality www.westhants.ca/rec

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Avondale Trail West Hants	October 28 3:00 PM	www.westhants.ca/rec	Free	3.5	Moderate	https://goo.gl/maps/ruPeMdg8UVzkUrXz6	West Hants Regional Municipality www.westhants.ca/rec
Grey Mountain	November 4 1:00 PM	www.westhants.ca/rec	Free	4	Moderate	https://goo.gl/maps/28z6C51svx6DccDv8	West Hants Regional Municipality www.westhants.ca/rec
Irishmans Road Recreation Site West Hants	November 18 10:00 AM	www.westhants.ca/rec	Free	2	Easy	https://goo.gl/maps/i9KcRgCT9Nmvhj9q9	West Hants Regional Municipality www.westhants.ca/rec
Jake's Landing to Merrymakedge and Grafton Lake Trail Kejimkujik National Park and Historic Site, Maitland Bridge Cancelled	November 18 10:30 AM	No need to register	Free	6	Easy	9 AM at the Digby Arena or 10:30 at the Jake's Landing parking lot, Kejimkujik Park. An easy hike along the lake and through the Grafton Woods.	Fundy Erratics Hiking Group www.facebook.com/groups/fundyerratics