



Winter Guided Hikes 2019 - Valley Region

(Municipalities of Hants West and Clare, Counties of Digby, Annapolis and Kings)

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking or snowshoeing, always be prepared for the conditions. [Learn how to prepare here.](#)

| Trail/Hike name | Date & Time | Do I need to Pre-Register? | Cost / Person | Do I bring snowshoes? | Km Return | Trail difficulty | Directions / Hike Details | Organization / Contact |
|---|------------------------|--|---------------|---|-----------|------------------|---|--|
| Winter Guided Hike at The Gorge, The Gorge, Kentville <i>Snowshoe event (will be a hike if no snow)</i> | January 19 10:00 AM | No | Free | Yes, bring your own | 5 | Moderate | Meet at 53 Gladys Porter Drive. Parking is available at the trailhead. If there's enough snow we can snowshoe, if not, we will hike. Snowshoes available to borrow from Town Hall Mon-Fri 8:30 am-4:30 pm. | Town of Kentville Julia Stephenson jstephenson@kentville.ca www.kentville.ca |
| Full Moon Snowshoe Stomp Irishmans Road Recreation Site, Newport Station <i>Snowshoe event (will be a hike if no snow)</i> | February 1 7:00 PM | Yes: 902-798-6929 or westhants@westhants.ca | Free | Yes, bring your own | 1.6 | Moderate | Meet at Irishmans Road Recreation Site. This is a beautiful trail through the woods and well-marked. If you do not have snowshoes, you can contact the West Hants Office and book a pair in advance (limited quantities). Windsor Recreation also has pairs available. Feel free to come hike if you cannot access snowshoes. Afterwards we will have treats and prize draws! | West Hants Recreation Kathy Johnston-Isenor activeliving@westhants.ca www.westhants.ca |
| Avondale trail system, Avondale <i>Snowshoe event (will be a hike if no snow)</i> | February 2 1:00 PM | Yes: at tinyurl.com/y77wfr5u | Free | Yes, bring your own | 5 | Moderate | Meet at the Avondale Community Hall parking lot trailhead at 50 Avondale Cross Road. We will offer two hikes at the same time: 1. Westbrook trail (~ 2.5 km), and 2. The entire trail system (~ 5 km). | West Hants Trails Association Devan Archibald westhantstrails@gmail.com tinyurl.com/ybc4x6su |
| Harvest Moon Trail, Wilmot <i>Snowshoe event (will be a hike if no snow)</i> | February 3 1:00 PM | Yes: at www.annapoliscounty.ca | Free | No, they will be provided (must register/request snowshoes) | 5 | Easy | Meet at the Wilmot Fellowship Centre (208 Dodge Rd) in Wilmot. At the end of the hike we are excited to have six ladies joining us to show some pictures and talk about their three day trip from Grand Pré to Annapolis Royal along the Harvest Moon Trail. | County of Annapolis Nadine Barteaux nbarteaux@annapoliscounty.ca www.annapoliscounty.ca |



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| Primrose Trail, Canning <i>Snowshoe event - cancelled if no snow</i> | February 9 6:00 PM | Yes: property@artscentre.ca | Free with your own snowshoes, \$10 for rental | Bring your own or reserve rentals in advance | 2 | Easy | Meet at the Arts Centre at 555 Ross Creek Rd, Canning. This is a torchlight snowshoe hike. | Ross Creek Centre for the Arts Christina Daffre property@artscentre.ca www.artscentre.ca |
| Guided Hike at the Kentville Ravine, Kentville Ravine <i>Snowshoe event (will be a hike if no snow)</i> | February 9 10:00 AM | No | Free | Yes, bring your own | 4 | Moderate | Meet at 32 Main St. Drive up the hill beyond the Research Station (following signs for picnic area). Meet at the top parking lot near the picnic shelter. If there's enough snow we can snowshoe, if not, we will hike. Snowshoes available to borrow from Town Hall Mon-Fri 8:30 am-4:30 pm. | Town of Kentville Julia Stephenson jstephenson@kentville.ca www.kentville.ca |
| Community Art and Snowshoe Day, Canning <i>Snowshoe event (will be a hike if no snow)</i> | February 10 1:00 PM | Yes: property@artscentre.ca | Free with your own snowshoes, \$10 for rental | Bring your own or reserve rentals in advance | 2 | Moderate | Meet at the Arts Centre at 555 Ross Creek Rd, Canning. The snowshoe hike will be in combination with a Community Arts day we are having from 1-4pm. There will be food, music and art! | Ross Creek Centre for the Arts Christina Daffre property@artscentre.ca www.artscentre.ca |
| South Shore Annapolis Valley Trail, Nictaux <i>Snowshoe event (will be a hike if no snow)</i> | February 10 1:00 PM | Yes: at www.annapoliscounty.ca | Free | No, they will be provided (must register/request snowshoes) | 3.5 | Easy | Meet in the parking lot of the Middleton/Nictaux Lions Club Hall (8921 Hwy 10) in Nictaux. | County of Annapolis Nadine Barteaux nbarteaux@annapoliscounty.ca www.annapoliscounty.ca |
| Forest Lakes Multi-Purpose Trail System, Forest Lakes, Ardoise <i>Snowshoe event (will be a hike if no snow)</i> | February 10 12:30 PM | Yes: RSVP for Food/Drink at https://info.forestlakescountryclub.ca/winter-hike/ | Free | Yes, bring your own | 2-3 | Moderate | Meet at the Lodge at 40 Eagle View Drive, Ardoise. Natural ground and perfect for all ages, the Forest Lakes multi-purpose trail system is perfect all year round for hiking, biking, jogging, cross-country skiing and more! Biologist to conduct guided tour. | Forest Lakes Kathryn Parsons kathryn@forestlakescountryclub.ca https://info.forestlakescountryclub.ca/winter-hike/ |



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| French Basin Trail, Annapolis Royal <i>Snowshoe event (will be a hike if no snow)</i> | February 15 6:00 PM | Yes: at www.annapoliscounty.ca | Free | No, they will be provided (must register/request snowshoes) | 1.2 | Easy | Meet in the parking lot at 112 Prince Albert St. in Annapolis Royal. We're concluding the Annapolis County hike series with a magical moonlight hike! We have partnered with the Town of Annapolis to offer this spectacular evening. Join us for a fun night of snowshoeing, hot chocolate and warming your hands by a bonfire. | County of Annapolis Nadine Barteaux nbarteaux@annapolisocunty.ca www.annapoliscounty.ca |
| Winter tracking, Kentville Ravine <i>Snowshoe event (will be a hike if no snow)</i> | February 16 9:45:00 AM | No | Free | Yes, bring your own | 2 | Moderate | Meet by the upper trailhead parking lot behind the Kentville Research Station (see map at www.paulillsley.com/Kentville_Ravine_Trail/). We welcome all ages and abilities - see Welcome page on website on how we format our outings. | Flying Squirrel Adventures Judy Lipp judylipp@gmail.com valleyflyingsquirrel.wordpress.com/calendar |
| Family Day Winter Hike Cheverie Salt Marsh Trail, Cheverie <i>Hike-only event (no snowshoes)</i> | February 17 3:30 PM | Yes: 902-798-6929 or westhants@westhants.ca | Free | N/A - hike only event, no snowshoes needed | 2 | Easy | Meet at the parking area along side the road. The 1-km trail (2 km return) offers stunning views of the salt marsh as it winds through the adjacent woods. This family friendly hike will have activities and prizes along the way to celebrate Family Day. Dress for the weather please. We will have a special treat after the hike around a bonfire (weather depending). | West Hants Recreation Kathy Johnston-Isenor activeliving@westhants.ca www.westhants.ca |
| Torchlight Snowshoe, Canning <i>Snowshoe event - cancelled if no snow</i> | March 2 6:00 PM | Yes: property@artscentre.ca | Free with your own snowshoes, \$10 for rental | Bring your own or reserve rentals in advance | 2 | Easy | Meet at the Arts Centre at 555 Ross Creek Rd, Canning. The hike will be guided by our environmental educator. We will meet in the lobby of the Arts Centre. The trail is along our Primrose path that loops in and out of our old growth Acadian forest. | Ross Creek Centre for the Arts Christina Daffre property@artscentre.ca www.artscentre.ca |