



## Winter Guided Hikes 2019 - Highland Region (Guysborough County, Antigonish County, Pictou County)

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking or snowshoeing, always be prepared for the conditions. [Learn how to prepare here.](#)

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Do I bring snowshoes?	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Smelt Brook Ravine Trail, Trenton <i>Snowshoe event (will be a hike if no snow)</i>	January 19 10:00 AM	Yes: Jim at <a href="mailto:jdvance49@gmail.com">jdvance49@gmail.com</a> or 902-237-4858	Free	Yes, bring your own	4	Easy	Find the trail on Main Street in Trenton (opposite Tim Horton's). This is a leisurely-paced hike led by Outdoor Council of Canada certified volunteer leaders. Join us on a "front country" trail, with three scenic bridges and one short hill on a new section of Canada's Great Trail. Bring beverage and snacks.	Cape to Cape Committee of Pictou County Trails Association Jim Vance <a href="mailto:jdvance49@gmail.com">jdvance49@gmail.com</a> <a href="http://www.capetocapetrails.ca">www.capetocapetrails.ca</a>
Beaver Mountain Park Trail, Antigonish <i>Snowshoe event (will be a hike if no snow)</i>	January 26 9:30 AM	Yes: Fran at <a href="mailto:fran.wyman@gmail.com">fran.wyman@gmail.com</a> or 902-924-1910	Free	Yes, bring your own	6	Moderate	On Hwy 104 between New Glasgow and Antigonish, take Exit 30. From New Glasgow: at end of exit ramp turn right. From Antigonish: at the end of the ramp turn left. Immediately off overpass, turn right on Beaver Mountain Rd. Go 3 km to the end of the road (GPS N45 34.048 W62 09.229). Park at the entrance gate to the park. This is a leisurely paced hike led by Outdoor Council of Canada certified volunteer leaders using a well-marked park trail system. Bring beverage and snacks.	Cape to Cape Committee of Pictou County Trails Association Fran Wyman <a href="mailto:fran.wyman@gmail.com">fran.wyman@gmail.com</a> <a href="http://www.capetocapetrails.ca">www.capetocapetrails.ca</a>
Keppoch Mountain Summit Loop, Keppoch, Antigonish <i>Snowshoe event (will be a hike if no snow)</i>	January 26 11:00 AM	No	Keppoch Trail Pass \$5, Snowshoe rental \$5	No, they will be provided (must register/request snowshoes)	5	Moderate	Meet at the Keppoch Lodge. This hike includes a reasonable rolling ascent and descent of Keppoch Mountain on well maintained groomed trails. The hike guide is a Canadian Outdoor Council Certified Hike Leader.	Keppoch Mountain Andrew <a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a> <a href="http://www.thekeppoch.ca">www.thekeppoch.ca</a>
Hedgeville Footpath, Pictou County <i>Snowshoe event (will be a hike if no snow)</i>	January 29 9:30 AM	Yes: Elaine at <a href="mailto:elainefalcone5@gmail.com">elainefalcone5@gmail.com</a> or 902-396-8941	Free	Yes, bring your own	8	Easy	Located at Hedgeville Road/Watt Road, Pictou County (Old Schoolhouse). From Pictou Rotary head west on Hwy 6 toward River John for 23 km, turn left on Hedgeville Rd (just after Lavender Farms). Travel 4 kms to intersection with Watt Rd. From Tatamagouche head	Cape to Cape Committee of Pictou County Trails Association Elaine Falconer <a href="mailto:elainefalcone5@gmail.com">elainefalcone5@gmail.com</a> <a href="http://www.capetocapetrails.ca">www.capetocapetrails.ca</a>



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							east on Hwy 6 to River John for 20 km, turn right on River John Rd (opposite service station). After 3 km turn left on Hedgeville Rd (the second gravel road on left). Travel 1.6 km to Watt Rd. intersection. This is a leisurely paced hike, led by Outdoor Council of Canada certified volunteer leaders using a footpath and old logging road. Bring beverage and snacks.	
Keppoch Mountain Nighttime Summit Loop, Keppoch, Antigonish <i>Snowshoe event (will be a hike if no snow)</i>	February 2 7:00 PM	Yes: <a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a>	Keppoch Trail Pass \$5, Snowshoe rental \$5	No, they will be provided (must register/request snowshoes)	5	Moderate	Meet at the Keppoch Lodge. This hike includes a reasonable ascent and descent on well maintained groomed trails to the summit of Keppoch Mountain. This is a night hike, so bring headlamps and lights! The hike guide is a Canadian Outdoor Council Certified Hike Leader.	Keppoch Mountain Andrew <a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a> <a href="http://www.thekeppoch.ca">www.thekeppoch.ca</a>
Fitzpatrick Mountain Trail, Scotsburn <i>Snowshoe event (will be a hike if no snow)</i>	February 3 12:30 PM	Yes: Eric at <a href="mailto:ericnosliw1@gmail.com">ericnosliw1@gmail.com</a> or 780-266-2171	Free	Yes, bring your own	4	Moderate	Meet in Scotsburn at Deb's Cafe. This is a leisurely paced hike led by Outdoor Council of Canada certified volunteer leaders using wooded footpaths to pasturelands with a great view. Bring beverage and snacks, in cooperation with Scotsburn Recreation Club.	Cape to Cape Committee of Pictou County Trails Association Eric Wilson <a href="mailto:ericnosliw1@gmail.com">ericnosliw1@gmail.com</a> <a href="http://www.capetocapetrails.ca">www.capetocapetrails.ca</a>
Six Mile Brook Trail, Six Mile Brook <i>Snowshoe event (will be a hike if no snow)</i>	February 9 10:00 AM	Yes: Pat at <a href="mailto:pat.macdonnell@icloud.com">pat.macdonnell@icloud.com</a> or 902-331-0012	Free	Yes, bring your own	4	Moderate	From Hwy 4 (right off Exit 19 - Hwy. 104) turn left on Six Mile Brook Rd. At the end of asphalt (about 4 km) proceed straight ahead for about 1 km. The trailhead is just over a small one-lane bridge near the gravel pit operation. This is a leisurely paced hike led by Outdoor Council of Canada certified volunteer leaders using wooded trail that opens up to an old farm field. Bring beverage and snacks.	Cape to Cape Committee of Pictou County Trails Association Pat MacDonnell <a href="mailto:pat.macdonnell@icloud.com">pat.macdonnell@icloud.com</a> <a href="http://www.capetocapetrails.ca">www.capetocapetrails.ca</a>
Jitney Trail Snowshoe Hike, Town of Pictou <i>Snowshoe event (will be a hike if no snow)</i>	February 18 10:00 AM	No	Free	No, they will be provided (must register/request snowshoes)	3	Easy	Take Brown's Point Road in Pictou to the trailhead and parking. The group will meet at the gate. This is an easy and level hiking trail, good for a family or if you are new to snowshoeing. Snowshoes provided or if you have your own please bring them.	Pictou Recreation and Parks Michelle Young <a href="mailto:michelle.young@townofpictou.ca">michelle.young@townofpictou.ca</a> <a href="http://www.townofpictou.ca">www.townofpictou.ca</a>



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Big Allan, Keppoch, Antigonish <i>Snowshoe event (will be a hike if no snow)</i>	March 2 11:00 AM	Yes: <a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a>	Keppoch Trail Pass \$5, Snowshoe rental \$5	No, they will be provided (must register/request snowshoes)	5	Easy	Meet at the Keppoch Lodge. This hike includes a winding rolling out and back on the Big Allan trail, skirting around the base of Keppoch mountain in and out of Keppoch Gulch. The hike guide is a Canadian Outdoor Council Certified Hike Leader.	Keppoch Mountain Andrew <a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a> <a href="http://www.thekeppoch.ca">www.thekeppoch.ca</a>