



## Winter Guided Hikes 2019 - Fundy Region

(Municipality of East Hants, Cumberland County, Colchester County)

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking or snowshoeing, always be prepared for the conditions. [Learn how to prepare here.](#)

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Do I bring snowshoes?	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Yellow Birch and Connections, Kemptown <i>Snowshoe event (will be a hike if no snow)</i>	January 13 9:30 AM	No	Free	Yes, bring your own	6	Moderate	Meet at the kiosk at 1734 Kemptown Road in Kempton. For directions see <a href="http://www.cobequidecotrails.ca/trails/directions.asp#rm">www.cobequidecotrails.ca/trails/directions.asp#rm</a> . The Yellow Birch Trail is the first trail at the Kemptown Road trailhead, connects to the Portage trail and takes you through a scenic hardwood forest with bridges to cross small brooks. It gives you the pleasure of entering the wilderness forest immediately from the parking lot for great connections to the other trails in Gully Lake. Bring water, snacks, hat gloves, a wind shell and an extra layer of clothing. No cotton!!	Cobequid Eco-Trails Society Ruth Mitchell <a href="mailto:runitche@gmail.com">runitche@gmail.com</a> <a href="http://www.cobequidecotrails.ca">www.cobequidecotrails.ca</a>
Victoria Park Snowshoe Hike, Truro <i>Snowshoe event - cancelled if no snow</i>	January 19 10:00 AM	No	Free	Bring your own or reserve rentals in advance	3-5	Moderate	Meet at Truro Jr. High School, 445 Young St., Truro. A limited number of snowshoe rentals are available from Hub cycle: \$8 half day; \$12 full day.	HubCycle Daisy Roberts <a href="mailto:hubcycle@ns.aliantzinc.ca">hubcycle@ns.aliantzinc.ca</a>
Nine Mile River Trails, Enfield <i>Snowshoe event (will be a hike if no snow)</i>	February 3 10:00 AM	Ye: <a href="mailto:vp.ninemilerivertrails@gmail.com">vp.ninemilerivertrails@gmail.com</a>	Free	No, they will be provided (must register/request snowshoes)	6	Moderate	Meet at 1143 Enfield Rd, Nine Mile River. Directions can be found at <a href="https://www.facebook.com/ninemilerivertrails">www.facebook.com/ninemilerivertrails</a> .	Nine Mile River Trails Association Juliet Gilmour <a href="mailto:vp.ninemilerivertrails@gmail.com">vp.ninemilerivertrails@gmail.com</a>
Victoria Park Snowshoe Hike, Truro <i>Snowshoe event - cancelled if no snow</i>	February 9 10:00 AM	No	Free	Bring your own or reserve rentals in advance	3-5	Moderate	Meet at Truro Jr. High School, 445 Young St., Truro. A limited number of snowshoe rentals are available from Hub cycle: \$8 half day; \$12 full day.	HubCycle Daisy Roberts <a href="mailto:hubcycle@ns.aliantzinc.ca">hubcycle@ns.aliantzinc.ca</a>



Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Do I bring snowshoes?	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Earlton Lakes, Earlton <i>Snowshoe event (will be a hike if no snow)</i>	February 23 9:30 AM	No	Free	Yes, bring your own	11	Challenging	Meet at the intersection of Route 311 and Kempton Road in Earlton. Park on the side of Kempton Road out of traffic. For directions see <a href="http://www.cobequidecotrails.ca/trails/directions.asp#rm">www.cobequidecotrails.ca/trails/directions.asp#rm</a> . Earlton Lake and Portage Trail is set in a towering sugar maple and yellow birch wood, with hemlock and red spruce, a former Christmas tree farm, and flora associated with those woods. It travels through raspberry patches, beside wilderness lakes, on board walks / bridges, near an old stone bridge, and above the headwaters of the Salmon River. The trail near the lakes is relatively level. Bring water, snacks, hat gloves, a wind shell and an extra layer of clothing. No cotton!!	Cobequid Eco-Trails Society Darlene Redmond <a href="mailto:Darlene.Redmond@nsc.ca">Darlene.Redmond@nsc.ca</a> <a href="http://www.cobequidecotrails.ca">www.cobequidecotrails.ca</a>
Juniper Head, Dalhousie Mountain, Pictou Co. <i>Snowshoe event (will be a hike if no snow)</i>	March 10 9:30 AM	No	Free	Yes, bring your own	7	Moderate	Meet at 737 Glen Road, Dalhousie, Pictou Co. For directions see <a href="http://www.cobequidecotrails.ca/trails/directions.asp#rm">www.cobequidecotrails.ca/trails/directions.asp#rm</a> . Juniper Head Trail is set in an immature spruce wood and an old sugar maple and yellow birch wood and has many old forest lichens. It passes old skidder roads, brooks, and ends at Juniper Brook and the Gully Lake Trail. It is the most level of the CE-TS trails. I have seen lots of fisher tracks in the snow on this trail. Bring water, snacks, hat gloves, a wind shell and an extra layer of clothing. No cotton!!	Cobequid Eco-Trails Society Ginny Guthrie <a href="mailto:gguth111@gmail.com">gguth111@gmail.com</a> <a href="http://www.cobequidecotrails.ca">www.cobequidecotrails.ca</a>
Victoria Park Snowshoe Hike, Truro <i>Snowshoe event - cancelled if no snow</i>	March 16 10:00 AM	No	Free	Bring your own or reserve rentals in advance	3-5	Moderate	Meet at Truro Jr. High School, 445 Young St., Truro. A limited number of snowshoe rentals are available from Hub cycle: \$8 half day; \$12 full day.	HubCycle Daisy Roberts <a href="mailto:hubcycle@ns.aliantzinc.ca">hubcycle@ns.aliantzinc.ca</a>