



Winter Guided Hikes 2019 - Cape Breton Region (Cape Breton Island)

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking or snowshoeing, always be prepared for the conditions. [Learn how to prepare here.](#)

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Do I bring snowshoes?	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Moonlight Snowshoe Jaunt, Ski Ben Eoin <i>Snowshoe event - cancelled if no snow</i>	January 18 6:00 PM	Yes: snowschool@skibeneoin.com	Varies depending on lift and rental needs	Bring your own or reserve rentals in advance	3-8	Easy / Moderate	For directions and details, visit www.skibeneoin.com . A chairlift ride is required as the trail is at mountain top (costs on website) and snowshoe to the bottom. The 8-km hike departs 6 pm, 5-km hike departs 6:30 pm and the 3-km hike departs 7 pm.	Ski Ben Eoin Megan MacLeod snowschool@skibeneoin.com www.skibeneoin.com
West Mabou Sports Club Trails, West Mabou, Inverness Co. <i>Snowshoe event (will be a hike if no snow)</i>	January 18 6:00 PM	Yes: nhunt861@gmail.com	Free	No, they will be provided (must register/request snowshoes)	6	Moderate	Meet at the West Mabour Sports Club tennis courts. The hike will take you through fields, old roads and wooded paths. Washroom facilities available. There will be hot chocolate afterwards. A limited number of headlamps will be provided.	West Mabou Sports Club Nadine Hunt nhunt861@gmail.com www.InvernessCounty.com
Judique Snowshoe Hike, Judique <i>Snowshoe event (will be a hike if no snow)</i>	February 9 1:00 PM	Yes: 902-625-2899 or blaise45@hotmail.com	Donation Only!	Yes, bring your own	3	Easy	Meet at 5471 Highway 19 - the shack behind the Judique Community Centre. Hot Chocolate in the shack afterwards!	Hike-NS & IAT-NS Claire MacNeil blaise45@hotmail.com www.hikenovascotia.ca www.iatnovascotia.ca
Hector's Point, Highland Village Museum, Iona <i>Snowshoe event - cancelled if no snow</i>	February 10 1:00 PM	Yes: at www.ionaheightsinn.com/events	\$10 each with your own snowshoes or \$15 each to rent	Bring your own or reserve rentals in advance	2	Moderate	Starts from the Frolic and Folk Pub at the Iona Heights Inn in Iona. This hike will see you walking around the snowy Highland Village. Approximately 3 km, it will end back at the Frolic'n Folk Pub where you will receive a cup of Jill's Hot Chocolate or for those that are 19/over a 10 oz pint. The walk is for all ages. Shorter routes are available. Space is limited, so reserve online at https://www.ionaheightsinn.com/events/ . *Weather permitting	Highland Village Museum/Jill's Chocolates/Iona Heights Inn Rodney Chaisson rodney.chaisson@novascotia.ca www.ionaheightsinn.com/event/s/



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Moonlight Snowshoe Jaunt, Ski Ben Eoin <i>Snowshoe event - cancelled if no snow</i>	February 15 6:00 PM	Yes: snowschool@skibeneoin.com	Varies depending on lift and rental needs	Bring your own or reserve rentals in advance	3-8	Easy / Moderate	For directions and details, visit www.skibeneoin.com . A chairlift ride is required as the trail is at mountain top (costs on website) and snowshoe to the bottom. The 8-km hike departs 6 pm, 5-km hike departs 6:30 pm and the 3-km hike departs 7 pm.	Ski Ben Eoin Megan MacLeod snowschool@skibeneoin.com www.skibeneoin.com
Hector's Point Moonlight Walk, Highland Village Museum, Iona <i>Snowshoe event - cancelled if no snow</i>	February 15 7:00 PM	Yes: at www.ionaheightsinn.com/events	\$10 each with your own snowshoes or \$15 each to rent	Bring your own or reserve rentals in advance	2	Moderate	Starts from Frolic and Folk Pub at the Iona Heights Inn in Iona. Join us for our special "Hector's Point Moonlight Walk" – a moonlight snowshoe hike around the Highland Village. Approximately 3 km, it ends at the pub with a 10 oz pint (for those that are 19/over), or a cup of Jill's Hot Chocolate. The walk is for all ages. Shorter routes available if need be. Use coupon code snow in the checkout page to reveal the discounted price. Space is limited, so reserve online at https://www.ionaheightsinn.com/events/ . It is best to arrive 15 minutes before the scheduled walk in order to check in.*Weather permitting	Highland Village/Jill's Chocolates/Iona Heights Inn Rodney Chaisson rodney.chaisson@novascotia.ca www.ionaheightsinn.com/event
West Mabou Sports Club Trails West Mabou, Inverness Co. <i>Snowshoe event (will be a hike if no snow)</i>	February 22 6:00 PM	Yes: nhunt861@gmail.com	Free	No, they will be provided (must register/request snowshoes)	6	Moderate	Meet at the West Mabour Sports Club tennis courts. The hike will take you through fields, old roads and wooded paths.Washroom facilities available. There will be hot chocolate afterwards.A limited number of headlamps will be provided.	West Mabou Sports Club Nadine Hunt nhunt861@gmail.com www.InvernessCounty.com
Hector's Point, Highland Village, Iona <i>Snowshoe event - cancelled if no snow</i>	February 24 1:00 PM	Yes: at www.ionaheightsinn.com/events	\$10 each with your own snowshoes or \$15 each to rent	Bring your own or reserve rentals in advance	2	Moderate	Starts from the Frolic and Folk Pub at the Iona Heights Inn in Iona. This hike will see you walking around the snowy Highland Village. Approximately 3 km, it will end back at the Frolic'n Folk Pub where you will receive a cup of Jill's Hot Chocolate or for those that are 19/over a 10 oz pint. The walk is for all ages. Shorter routes are available. Space is limited, so reserve online at https://www.ionaheightsinn.com/events/ . *Weather permitting	Highland Village Museum/Jill's Chocolates/Iona Heights Inn Rodney Chaisson rodney.chaisson@novascotia.ca www.ionaheightsinn.com/event



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Hector's Point, Highland Village Museum, Iona <i>Snowshoe event - cancelled if no snow</i>	March 10 1:00 PM	Yes: at www.ionaheightsinn.com/events	\$10 each with your own snowshoes or \$15 each to rent	Bring your own or reserve rentals in advance	2	Moderate	Starts from the Frolic and Folk Pub at the Iona Heights Inn in Iona. This hike will see you walking around the snowy Highland Village. Approximately 3 km, it will end back at the Frolic'n Folk Pub where you will receive a cup of Jill's Hot Chocolate or for those that are 19/over a 10 oz pint. The walk is for all ages. Shorter routes are available. Space is limited, so reserve online at https://www.ionaheightsinn.com/events/ . *Weather permitting	Highland Village Museum/Jill's Chocolates/Iona Heights Inn Rodney Chaisson rodney.chaisson@novascotia.ca www.ionaheightsinn.com/event
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