



## Winter Guided Snowshoe Hikes 2018 - Highland

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **pre-registration is required** unless otherwise indicated. See the details below for each hike. When winter hiking or snowshoeing, always be prepared for the conditions. [Learn how to prepare here](#). Looking for snowshoes? [Check out our Where to Borrow, Rent or Buy Snowshoes guide here](#).

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Do I need to bring snowshoes?	Cost / Person	Km Return	Trail difficulty	Directions Hike Details	Organization / Contact
Fitzpatrick Mountain Trail and Jitney Trail <i>Scotsburn</i>	February 4 1:30 PM	Must pre-register at <a href="mailto:ericnosliw1@gmail.com">ericnosliw1@gmail.com</a>	Yes, bring your own	Free	5	Moderate	The exact route of the hike will be determined at the time of the event, based on snow conditions and demographics. It will be designed for enjoyment and scenery. Part of it may be on the Fitzpatrick Mountain Trail and part on the Jitney Trail. Come prepared. Bring layered clothing that will keep you warm in potentially very cold weather. Bring enough food and water for 2-3 hours and perhaps bring a thermos with hot beverage. Most important bring a smile.	Scotsburn Recreation and Cape to Cape Trail Eric Wilson <a href="mailto:ericnosliw1@gmail.com">ericnosliw1@gmail.com</a> <a href="http://www.capetocapetrails.ca">www.capetocapetrails.ca</a>
6 Mile Brook <i>6 Mile Brook (near Saltsprings, Pictou County)</i>	February 11 11:30 AM <b>Cancelled</b>	Must pre-register at <a href="mailto:patmacdonnell@eastlink.ca">patmacdonnell@eastlink.ca</a> 902-331-0012	Yes, bring your own	Free (but donations will be accepted)	5	Challenging	At Exit 19 (Saltsprings) come off Highway 104, turn right on Highway 4 towards New Glasgow. Go 500 metres, turn left onto 6 Mile Brook Rd. and follow to the end of the road (6.5 km). Be sure to register so we can notify you of any changes due to snow conditions or weather.	Cape to Cape Trail Committee Pat MacDonnell <a href="mailto:patmacdonnell@eastlink.ca">patmacdonnell@eastlink.ca</a> <a href="http://capetocapetrail.ca/trails.aspx?gid=4">http://capetocapetrail.ca/trails.aspx?gid=4</a>
Summit Loop, Keppoch Mountain <i>Antigonish</i>	February 11 1:00 PM <b>Cancelled</b>	No	Yes, bring your own	Free, donation welcome	5.5	Moderate	Meet at Keppoch Lodge (directions at <a href="https://goo.gl/maps/K65aGmWs7k72">https://goo.gl/maps/K65aGmWs7k72</a> ). This hike requires intermediate fitness and beginner skills. Approximate time is 1.5 hours. This is part of Keppoch Fun Day.	Positive Action for Keppoch Andrew Bradshaw <a href="mailto:keppochevents@gmail.com">keppochevents@gmail.com</a> <a href="http://www.keppoch.ca">www.keppoch.ca</a>
Summit Loop, Keppoch Mountain <i>Antigonish</i>	February 17 11:00 AM	No	Yes, bring your own	Free, donation welcome	5.5	Moderate	Meet at Keppoch Lodge (directions at <a href="https://goo.gl/maps/K65aGmWs7k72">https://goo.gl/maps/K65aGmWs7k72</a> ). This hike requires intermediate fitness and beginner skills. Approximate time is 1.5 hours.	Positive Action for Keppoch Andrew Bradshaw <a href="mailto:keppochevents@gmail.com">keppochevents@gmail.com</a> <a href="http://www.keppoch.ca">www.keppoch.ca</a>
Jitney Trail <i>Pictou</i>	February 18 1:00 PM <b>Rescheduled to Feb. 24</b>	Must pre-register at <a href="mailto:nwtrunner@gmail.com">nwtrunner@gmail.com</a>	No, they will be provided (must register/request snowshoes)	Free	6	Easy	Park at the Jitney Trail bridge on Highway 376 to Lyon's Brook, approximately 0.5 km west of the Pictou Rotary on Trans-Canada Highway 106.	Cape to Cape Trail Committee and Town of Pictou Recreation & Parks Alasdair Veitch <a href="mailto:nwtrunner@gmail.com">nwtrunner@gmail.com</a> <a href="http://www.capetocapetrail.ca">www.capetocapetrail.ca</a>
Beaver Mountain Trail <i>Antigonish</i>	February 25 12:00 PM <b>Cancelled</b>	Must pre-register at <a href="mailto:fran.wyman@gmail.com">fran.wyman@gmail.com</a>	Yes, bring your own	Free-will offering	6	Moderate	Meet at Beaver Mountain Provincial Park, Exit 30, Highway 104.	Pictou County Trails Association Fran Wyman <a href="mailto:fran.wyman@gmail.com">fran.wyman@gmail.com</a> <a href="http://www.capetocapetrail.ca">www.capetocapetrail.ca</a>
Summit Loop, Keppoch Mountain <i>Antigonish</i>	March 1 7:00 PM <b>Cancelled</b>	No	Yes, bring your own	Free, donation welcome	5.5	Moderate	Meet at Keppoch Lodge (directions at <a href="https://goo.gl/maps/K65aGmWs7k72">https://goo.gl/maps/K65aGmWs7k72</a> ). This hike requires intermediate fitness and beginner skills. Approximate time is 1.5 hours. Please bring a headlamp.	Positive Action for Keppoch Andrew Bradshaw <a href="mailto:keppochevents@gmail.com">keppochevents@gmail.com</a> <a href="http://www.keppoch.ca">www.keppoch.ca</a>

