



## Winter Guided Walks 2022 - Valley Region

Participants may win a "trail" prize. Thanks to our local partners on the ground for organizing the walks and to The Trail Shop, Goose Lane Editions, The Heartland Tour and the NS Department of Communities, Culture, Tourism and Heritage for their support. Walks are free or low-cost and **all require pre-registration**. See the details below for each walk. When hiking or snowshoeing, always [be prepared for the conditions](#).

| Trail/Hike name<br><i>All hikes will take place with or without snow! Snowshoe events may be cancelled.</i> | Date & Time              | Pre-registration required for all hikes as follows  | Cost / Person                  | Do I bring snowshoes?  | KM return | Trail difficulty | Directions / Hike details   | Organization / Contact   |
|---|--------------------------|---|--------------------------------|--|-----------|------------------|---|--|
| VanTassel Lake Trail (Digby)<br><b><u>CANCELLED</u></b>   | January 15<br>10:00 a.m. | <a href="mailto:bunsenbt@gmail.com">bunsenbt@gmail.com</a>  | Free                           | Yes  | 5         | Moderate         | Sturdy footwear, dress in layers, pack a lunch.<br><br>859 Culloden Road, Mount Pleasant, Digby, NS. 5 minutes past Digby Pines Golf Course on Culloden Road. Trail details:<br><a href="http://www.digbytrails.ca/van-tassel-lake.html">http://www.digbytrails.ca/van-tassel-lake.html</a> | Fundy Erratics<br><a href="#">Fundy Erratics   Facebook</a>  |
| Torchlight Snowshoe (Canning)   | January 22<br>6:30 p.m.  | <a href="http://www.artscentre.ca/natural-adventures.html">http://www.artscentre.ca/natural-adventures.html</a>   | No cost, donations are welcome | Bring your own Snowshoes if you have them, or book them through us for free! | 2         | Moderate         | Meet us at Ross Creek Centre for the Arts.<br><br>555 Ross Creek Rd, Canning, NS B0P 1H0  | Ross Creek Centre for the Arts<br><a href="http://www.artscentre.ca/natural-adventures.html">http://www.artscentre.ca/natural-adventures.html</a><br>@rosscreek (Instagram)<br><a href="#">Ross Creek Centre for the Arts   Facebook</a> |
| Valley View Provincial Park (Hampton)   | January 23<br>1:30 p.m.  | <a href="https://raceroster.com/events/2022/55863/valley-view-provincial-park-guided-walk">https://raceroster.com/events/2022/55863/valley-view-provincial-park-guided-walk</a> | Free                           | No, snowshoes will be provided for all who register                          | 3.5       | Moderate         | Minutes from the community of Bridgetown.<br><br>960 Hampton Mountain Rd, Hampton, NS B0S 1L0   | Municipality of the County of Annapolis<br><a href="#">AnnapolisCounty.ca</a><br><a href="#">County of Annapolis   Facebook</a>  |
| Mount Shubel and Sandy Cove Beach (Digby)   | February 5<br>10:00 a.m. | <a href="mailto:bunsenbt@gmail.com">bunsenbt@gmail.com</a>  | Free                           | Yes  | 3         | Challenging      | Meet at the Sandy Cove (Fundy Beach) parking area for a 10 am start.<br><br><a href="https://www.facebook.com/events/1053296025464040?active_tab=about">https://www.facebook.com/events/1053296025464040?active_tab=about</a>   | Fundy Erratics<br><a href="#">Fundy Erratics   Facebook</a>  |



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|---|---------------------------|---|--------------------------------|--|-----|----------|--|---|
| South Shore Annapolis Valley Trail Guided Walk/Hike     | February 6<br>1:30 a.m.   | <a href="https://raceroster.com/events/2022/55905/south-shore-annapolis-valley-trail-guided-walkhike">https://raceroster.com/events/2022/55905/south-shore-annapolis-valley-trail-guided-walkhike</a> | Free                           | No, snowshoes will be provided for all who register                    | 3.5 | Easy     | Meeting at the Trail Parking Lot.<br><br>8827 Highway 10, Annapolis County   | Municipality of the County of Annapolis<br><a href="http://AnnapolisCounty.ca">AnnapolisCounty.ca</a><br><a href="#">County of Annapolis   Facebook</a>   |
| Acacia Valley Trails (Hillgrove)                        | February 12<br>10:00 a.m. | <a href="mailto:bunsenbt@gmail.com">bunsenbt@gmail.com</a>  | Free                           | Yes  | 7   | Moderate | NS. Single track trail in forest location.<br><br>Acacia Valley Trails, 155 Mill Road, Hillgrove, Digby Co.,   | Fundy Erratics<br><a href="#">Fundy Erratics   Facebook</a>   |
| Torchlight Snowshoe (Canning)                           | February 19<br>6:30 p.m.  | <a href="http://www.artscentre.ca/natural-adventures.html">http://www.artscentre.ca/natural-adventures.html</a>   | No Cost, Donations are welcome | Please bring your own snowshoes, or register with us to rent for free! | 2   | Moderate | Meet us at Ross Creek Centre for the Arts.<br><br>555 Ross Creek Rd, Canning, NS B0P 1H0   | Ross Creek Centre for the Arts<br><a href="http://www.artscentre.ca/natural-adventures.html">http://www.artscentre.ca/natural-adventures.html</a><br>@rosscreek (Instagram)<br><a href="#">Ross Creek Centre for the Arts   Facebook</a>  |
| Four Mile Stillwater Trail Guided Walk/Hike (Caledonia) | February 27<br>1:30 p.m.  | <a href="https://raceroster.com/events/2022/55908/four-mile-stillwater-trail-guided-walkhike">https://raceroster.com/events/2022/55908/four-mile-stillwater-trail-guided-walkhike</a>                 | Free                           | No, snowshoes will be provided for all who register                    | 3   | Moderate | The trail is roughly 8km west of Keji on the right (east) side of Highway 8. Or coming from Annapolis Royal, the trail is roughly 40km east on the left (east) side of Highway 8.<br><br>2032 Trunk 8, Caledonia, NS B0S 1B0 | Municipality of the County of Annapolis and the Medway Community Forest Cooperative<br><a href="http://AnnapolisCounty.ca">AnnapolisCounty.ca</a><br><a href="#">County of Annapolis   Facebook</a><br><a href="https://www.medwaycommunityforest.com">https://www.medwaycommunityforest.com</a><br><a href="#">Medway Community Forest Co-op - Home   Facebook</a> |
| Torchlight Snowshoe (Canning)                           | March 5<br>6:30 p.m.      | <a href="mailto:property@artscentre.ca">property@artscentre.ca</a><br><a href="http://www.artscentre.ca/natural-adventures.html">http://www.artscentre.ca/natural-adventures.html</a>                 | No cost, donations are welcome | Please bring your own, register with us to rent them for Free!         | 2   | Moderate | Meet us at Ross Creek Centre for the Arts.<br><br>555 Ross Creek Rd, Canning, NS B0P 1H0   | Ross Creek Centre for the Arts<br><a href="http://www.artscentre.ca/natural-adventures.html">http://www.artscentre.ca/natural-adventures.html</a><br>@rosscreek (Instagram)<br><a href="#">Ross Creek Centre for the Arts   Facebook</a>  |