

## 2018 Hiking Summit Hike Details

May 11 - 13, 2018 in Ingonish, NS

*Updated May 2018*

*You must register for the Summit online at [www.hikenovascotia.ca/projects-hiking-summit](http://www.hikenovascotia.ca/projects-hiking-summit) in order to attend these hikes. Upon registration you will receive an email with a link to register for specific hikes - you must register for hikes and receive your hike tickets at registration check-in once arriving at the Summit in order to attend hikes. There are strict limits on the number of people who may attend each hike. Registration for hikes is on a first come, first served basis. If you do not receive a confirmation email, please [contact Hike NS](#).*

### **Fri. May 11**

**1 pm to 5 pm: Hikes** (start time from the trailhead/meeting spot)

- You must have your hike pass for each hike (which you received at registration check-in) in order to attend a hike as there are strict limits on numbers attending each hike
- **Snack station** of granola bars, whole fruit and water bottle fill-up station for those going on afternoon hikes - Main lodge lobby

<b>Option 1</b>	<b>Option 2</b>	<b>Option 3</b>	<b>Option 4</b>
	2 shifts: 1:30 and 3:30 Family-friendly	2 shifts: 1:30 and 3:30 Family-friendly	Family-friendly
<b>Franey</b> 7.4 km (2 - 3 hrs)	<b>Middle Head</b> 4 km (1 - 2 hrs)	<b>Smokey Towers</b> 4 km (1.5 hrs)	<b>Clyburn Valley</b> 8.5 km (2 - 3 hrs)
Meeting spot: Franey Trail Head (11 min drive)	Meeting spot: Middle Head Trail Head (at end of Keltic Rd.). Note this is very close to the Keltic Lodge.	Meeting spot: Park and meet at Cape Smokey Provincial Park (the trail is directly across the road from the park) (18 min drive)	Meeting spot: Clyburn Trail Head - north side of Clyburn Bridge. (8 min drive)
Note: Steep with rough sections. No privies. ***Limited Parking***	Note: Rough / eroded sections - hiking poles are useful. No privies - use washrooms at Keltic prior to departure.		Note: Privy at trail head.
Leader: TBA	Leader: TBA	Leader: TBA	Leader: TBA

*Parents and caregivers are responsible for their children on all of the hikes, including judging their child's ability to do a hike. Dogs are welcome but must be on a leash and owners must clean up after their dogs.*

**9 pm: Night Hike** (start time from the trailhead/meeting spot)

- Lantern Walk Through Time (suitable for visitors 8+ - at parents' discretion - younger children may also enjoy the experience) - parents must accompany children. 1.5 hr, 2.5 km, depart from Ingonish Beach Day Use Area (near canteen)
- You must have your hike pass for each hike (which you received at registration check-in) in order to attend a hike as there are strict limits on numbers attending each hike

**Sat. May 12**

**4:45 or 5:10 am to 6:30 am: Sunrise Hikes** (start time from the trailhead/meeting spot)

You must have your hike pass for each hike (which you received at registration check-in) in order to attend a hike as there are strict limits on numbers attending each hike

Option 1	Option 2
<b>4:45 Sunrise hike to Middle Head</b>	<b>5:10 Sunrise at Ingonish Beach</b>
Meet at Middle Head Trailhead (2 minute walk from Lodge)	Meet at the Ingonish Beach Day Use Area parking lot
Will observe sunrise from end of Middle Head	Followed by Freshwater Lake and Freshwater Lake Lookout hike

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**1:30 pm to 5:30 pm: Hikes** (start time from the trailhead/meeting spot)

- You must have your hike pass for each hike (which you received at registration check-in) in order to attend a hike as there are strict limits on numbers attending each hike
- **Snack station** of granola bars, whole fruit and water bottle fill-up station for those going on afternoon hikes - Main lodge lobby

Option 1	Option 2	Option 3	Option 4
	Family-friendly	Family-friendly (Jackpine)	Family-friendly
<b>Franey</b> 7.4 km (2 - 3 hrs)	<b>Mica Hill</b> 8.7 km (3 - 4 hrs)	<b>Jackpine</b> 2.3 km loop (1 hr) <b>Coastal</b> 11.3 km return (3 - 4 hrs) or 5 km return	<b>Medicine Walk at Freshwater Lake / Lookout / Barrachois</b> 3.5 - 4 km (1 - 2 hrs)
Meet at Franey Trail Head (11 min drive)	Meet at Mica Hill Trail Head (by Paquette Lake) (40 min drive)	Jack Pine Trail Head (Black Brook Beach) or Coastal north end (Halfway Brook) (26	Ingonish Beach Day Use Area by the canteen (1 km walk away)

		min drive)	
Note: Steep with rough sections. No privies. ***Limited Parking***	Note: May have wet sections (snowshoes may be required). Parking for approx. 16 cars. Additional parking available by Cabot Trail (~2 km from trailhead). No privies.	Note: 1 group could turn back sooner for shorter hike. Do Jack Pine and returning along Coastal for views. Washroom available pending spring conditions.	Note: Great for kids. Playground at end by lake. Those not wishing to do combo/stairs can do just lake loop (flat, wheelchair & stroller accessible). Washroom available pending spring flooding conditions.
Leader: TBA	Leader: TBA	Leader: TBA	Leader: Lawrence Wells

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**9 pm: Night Hike** (start time from the trailhead/meeting spot)

- Lantern Walk Through Time (suitable for visitors 8+ - at parents' discretion - younger children may also enjoy the experience) - parents must accompany children. 1.5 hr, 2.5 km, depart from Ingonish Beach Day Use Area (near canteen)
- You must have your hike pass for each hike (which you received at registration check-in) in order to attend a hike as there are strict limits on numbers attending each hike

**Sun. May 13**

**4:45 or 5:10 am to 6:30 am: Sunrise Hikes** (start time from the trailhead/meeting spot)

You must have your hike pass for each hike (which you received at registration check-in) in order to attend a hike as there are strict limits on numbers attending each hike

Option 1	Option 2
<b>4:45 Sunrise hike to Middle Head</b>	<b>5:10 Sunrise at Ingonish Beach</b>
Meet at Middle Head Trailhead (2 minute walk from Lodge)	Meet at the Ingonish Beach Day Use Area parking lot
Will observe sunrise from end of Middle Head	Followed by Freshwater Lake and Freshwater Lake Lookout hike

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**1:30 pm to 5:30 pm: Hikes** (start time from the trailhead/meeting spot)

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<b>Option 1</b> Family-friendly (Jackpine)	<b>Option 2</b> Family-friendly	<b>Option 3</b>	<b>Option 4</b> Family-friendly
<b>Jackpine</b> 2.3 km loop (1 hr) <b>Coastal</b> 11.3 km return (3 - 4 hrs) or 5 km return	<b>Mica Hill</b> 8.7 km, (3 - 4 hrs)	<b>Cape Smokey</b> 10 km, 3 - 4 hrs	<b>Warren Lake &amp; Broad Cove Mountain</b> 5 km (1.5 - 2 hrs) & 2.3 km (1 hr) <b>Broad Cove Trail will not be available</b>
Jack Pine Trail Head (Black Brook Beach) or Coastal north end (Halfway Brook) (26 min drive)	Meet at Mica Hill Trail Head (by Paquette Lake) (40 min drive)	Meet at Cape Smokey Provincial Park (18 min drive)	Meet at Warren Lake Trailhead / <del>Broad Cove Mtn. Trailhead</del> (16 min drive)
Note: 1 group could turn back sooner for shorter hike. Do Jack Pine and returning along Coastal for views. Washroom available pending spring conditions.	Note: May have wet sections (snowshoes may be required). Parking for approx. 16 cars. Additional parking available by Cabot Trail (~2 km from trailhead). No privy.		Note: Those not wishing to climb can do just lake. Trail from c/g to Lake is beautiful (1.6 km). Short car trip in between Warren Lake and <del>B.C. Mountain</del> - approx. 1 km. Privy available at Warren Lake parking area.
Leader: TBA	Leader: TBA	Leader: TBA	Leader: TBA

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