



Spring/Summer Guided Hikes & Walks 2025





Trail/Hike name	Date & Time	How to Register	Cost/ Person	Km Return	Trail difficulty	Directions/Hike Details	Organization/Contact
White Rock Trail, Antigonish	June 7, 10:00 AM	Yes https://www.thekeppoch.ca/hiking	\$5.75 trail fee (free for members)	8.9km	Moderate	Parking lot from the starting point of White Rock Trail on St. Joseph's Road	Positive Action for the Keppoch Society https://www.thekeppoch.ca/hiking
Lakeshore to Hobsons Lake, Halifax	June 7, 9:00 AM	Yes, Register here	Free	6km	Challenging	Starting from the end of Lakeshore Drive in the Kingswood subdivision https://goo.gl/maps/JYVh5gJpnN7V4bp7 or you can look up directions for 395 Lakeshore Drive, Hammonds Plains, NS	Friends of Blue Mountain-Birch Cove Lakes bluemountainfriends.ca/activities/#hiking
Nine Mile River Trails, Nine Mile River	June 7, 10:00 AM	No registration required	Free	11km	Moderate	Hikers to meet at kiosk in parking lot at 1143 Enfield Road.	Nine Mile River Trail Association https://www.facebook.com/share/1BGVHyvviP/
Caribou-Munroe's Island, Caribou	June 11, 6:00 PM	Yes Email: recreation@newglasgow.ca or Call: 902-755-8363	Free	5km	Easy	2119 Three Brooks Road, Caribou	MPALs of Pictou County https://www.facebook.com/MakeYourMoveNG
Hobsons, Ash, and Fox Lakes, (Triple L), Halifax	June 14, 9:00 AM	Yes, Register here	Free	9.2km	Challenging	It starts from the cul-de-sac at the end of Colins Road, which is at the end of Belle Street, which is off of Larry Uteck Boulevard. https://www.google.ca/maps/@44.6952409,-63.7054505,19.69z	Friends of Blue Mountain-Birch Cove Lakes bluemountainfriends.ca/activities/#hiking

Spring/Summer-HikeWalks2025-June

Trail/Hike name	Date & Time	How to Register	Cost/ Person	Km Return	Trail difficulty	Directions/Hike Details	Organization/Contact
Castle Frederick Trail, Falmouth	June 14, 10:00 AM	No registration required	Free	5km	Moderate	Castle Frederick Road, Falmouth	The Yoga Hen Yoga Adventures https://www.facebook.com/theযোগহেন
Salt Marsh Trail, Cole Harbour	June 14 10:00 AM	No registration required	Free	6km	Easy	Walk across the Salt Marsh or into the Heritage Park	Cole Harbour Parks and Trails Assoc www.chpta.org
Cloud Lake Wilderness Area, Alton Road, Crossburn, Dalhousie East	June 17, 10:00 AM	Yes luncountyhikers@gmail.com	Free	6km	Moderate	Take NS Trunk 10 N to Cherryfield Rd (becomes East Dalhousie Road), continue 10k to Alton Rd (entering Kings County), turn left for 3.7k, park in the large open area near the ATV loading ramp.	Lunenburg Co. Hikers https://www.facebook.com/groups/1273215446168081
Summit Loop & East of Awesome, Antigonish	June 17, 5:00 PM	Yes https://www.thekeppoch.ca/hiking	\$5.75 trail fee (free for members)	6.1km	Moderate	Meet at the Keppoch lodge	Positive Action for the Keppoch Society https://www.thekeppoch.ca/hiking
Six Mile Brook Trail, Millsville	June 18, 6:00 PM	Yes recreation@newglasgow.ca	Free	5.5km	Challenging	Six Mile Brook Trail Head (NOT GRANT ROAD) directions: http://capetocapetrail.ca/trails.aspx?tid=3	MPALs of Pictou County https://www.facebook.com/MakeYourMoveNG
Crystal Falls, Greenwood	June 21, 10:00 AM	Select "Going" in the Event on the Fundy Erratics Facebook Page	Free	4km	Easy	Meet at the Digby Arena parking lot at 8:30 AM or the Greenwood Mall parking lot next to Walmart at 10 AM.	Fundy Erratics https://www.facebook.com/groups/169282586582217
SEEK Solstice Hike, Victoria Park	June 22, 9:00 AM	No registration required	Free	8km	Moderate	Meet at the Hike & Seek Trail Head at 825 Young St. Park at the Railyard Parking located at the trail head.	Seek Wilderness Accommodations www.stayatseek.com/events

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Woodland Forest & Foraging day, Eldridge rd , Falmouth	June 22, 10:00 AM	Yes Info.jennchandlerholistichealth@gmail.com	By donation	8km	Moderate	Please enter at the trailhead on Eldridge Rd. Pass the Elmcroft playground and follow the road onto the dirt. Parking is on the right	Jennifer Chandler Holistic Health https://www.facebook.com/Hemlockhealth4444/
Mersey River Trail, Kejimikujik National Park,	June 24, 10:00 AM	Yes luncountyhikers@gmail.com	Free	7km	Easy	1259 Jeremy's Bay Campground Rd., Maitland Bridge, Queen's Co.	Lunenburg County Hikers https://www.facebook.com/groups/1273215446168081
Roy Island Loop, Little Harbour	June 25 6:00 PM	Yes Email: recreation@newglasgow.ca or Call: 902-755-8363	Free	3.5km	Moderate	Meet at last parking lot (6280 Little Harbour Road, Little Harbour)	MPALs of Pictou County https://www.facebook.com/MakeYourMoveNG
Charlies Lake Loop, Halifax	June 28, 9:30 AM	Yes; Register here	Free	3.5km	Challenging	Starting from the cul-de-sac at the end of Colins Road, which is at the end of Belle Street, which is off of Larry Uteck Boulevard. https://www.google.ca/maps/@44.6952409,-63.7054505,19.69z	Friends of Blue Mountain-Birch Cove Lakes bluemountainfriends.ca/activities/#hiking
Salt Marsh Trail, Cole Harbour	June 28, 10:00 AM	No registration required	Free	6km	Easy	Turn off Cole Harbour Rd onto Bissett Rd to meet at 806 Bissett Rd the Salt Marsh Trail head.	CHPTA www.chpta.org
White Rock Trail, Antigonish	June 28, 10:00 AM	Yes https://www.thekeppoch.ca/hiking	\$5.75 trail fee (free for members)	6.1km	Moderate	Meet at the Keppoch Lodge	Positive Action for the Keppoch Society https://www.thekeppoch.ca/hiking