



Proclamation
Nova Scotia Walk Day
May 11, 2022

WHEREAS Hike NS encourages and promotes hiking, walking, and snowshoeing throughout Nova Scotia; and

WHEREAS NS Walks is a program of Hike Nova Scotia, and its goal is to create social supports to increase opportunities for people who are currently less active to enjoy the benefits of walking; and

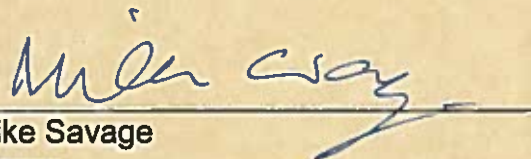
WHEREAS Walking is an enjoyable, easy, and low risk physical activity and is a great way to become more active and connect with others; and

WHEREAS Nova Scotia Walk Day is a fun way to be active and promote walking as physical activity.

THEREFORE, I, Mayor Mike Savage, on behalf of Halifax Regional Municipality do hereby proclaim May 11, 2022 to be Nova Scotia Walk Day in HRM and I encourage all citizens to connect with their fellow community members and enjoy a friendly group walk.

Dated at Halifax, Nova Scotia
this 11th day of May 2022





Mike Savage
Mayor