



Winter Guided Walks 2022 - January

Participants may win a "trail" prize. Thanks to our local partners on the ground for organizing the walks and to The Trail Shop, Goose Lane Editions, The Heartland Tour and the NS Department of Communities, Culture, Tourism and Heritage for their support. **All of these events require pre-registration - no drop-ins permitted** (in order to assist organizers in meeting public health protocols.). Below are the details for each walk.. When walking, always be prepared for the conditions. [Learn how here.](#)

| Trail / Hike name | Date & time | Pre-registration required for all hikes as follows | Cost / Person | Do I bring my own snowshoes ? | KM return | Trail difficulty | Directions / Hike details | Organization / Contact |
|---|--------------------------|--|---|---|-----------|------------------|--|--|
| Ski Ben Eoin Snowshoe Trails (East Bay) <u>CANCELLED</u> Due to lack of snow on the ground | January 14 6:00 p.m. | 902-828-2804 | Lift ticket: \$15, Lift and rental snowshoes: \$25 | People can bring their own or rent snowshoes before the event | 4 | Easy | www.skibeneoin.com 5101 NS-4, Ben Eoin, NS B1J 1P1 | Ski Ben Eoin www.skibeneoin.com |
| VanTassel Lake Trail (Digby) <u>CANCELLED</u> | January 15 10:00 a.m. | bunsenbt@gmail.com | Free | Yes | 5 | Moderate | Sturdy footwear, dress in layers, pack a lunch. 859 Culloden Road, Mount Pleasant, Digby, NS. 5 minutes past Digby Pines Golf Course on Culloden Road. Trail details: http://www.digbytrails.ca/van-tassel-lake.html | Fundy Erratics Fundy Erratics Facebook |



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| <p>Ski Lodge Lake Trail (Ingonish Beach)</p> | <p>January 15 6:00 p.m.</p> <p><u>Rescheduled to Jan. 22 @ 6:00 p.m.</u></p> | <p>lydia.kerr@countyvictoria.ns.ca</p> | <p>\$25.00</p> | <p>Snowshoes can be provided as necessary, please indicate when registering.</p> | <p>3</p> | <p>Moderate</p> | <p>Ski Cape Smokey 38696 Cabot Trail Rd, Ingonish Beach, NS B0C 1L0</p> | <p>Municipality of the County of Victoria https://victoriacounty.com/government/municipal-council/municipal-calendar/Municipality of Victoria County Nova Scotia</p> |
| <p>Bell Bay Golf Club (Baddeck)</p> | <p>January 16 1:00 p.m.</p> | <p>Michelle@capebretonresorts.com</p> | <p>\$5 \$10 rental for snow shoes if needed</p> | <p>Have 10 sets of snowshoes if people require.</p> | <p>2</p> | <p>Easy</p> | <p>Opening season event. Hot beverages and bonfire included. Warming hut and washroom facility on site. Meet at the Maintenance Building in the cleared parking lot area on the golf course. 761 NS-205, Baddeck, NS B0E 1B0</p> | <p>Baddeck Nordic Club www.inveraryresort.com/</p> |
| <p>Weekly Snowshoe Jaunt (East Bay)</p> | <p>January 16 1:30 p.m.</p> | <p>902-828-2804</p> | <p>Lift \$15, Rental/Lift combo \$25</p> | <p>People can bring their own: rental snowshoes available</p> | <p>3.5</p> | <p>Easy</p> | <p>Hwy 4 to Ski Ben Eoin. Meet with Micheline outside of the warming building 5101 NS-4, Ben Eoin, NS B1J 1P1</p> | <p>Ski Ben Eoin www.skibeneoin.com</p> |



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| Woodland Gardens (Bridgewater) | January 22 9:30 a.m. | luncountyhikers@gmail.com or on Facebook @ Lunenburg County Hikers | Donations welcome | Yes | 3 | Easy | Park on the Jubilee Road side of the parking lot. Desbrisay Museum, 130 Jubilee Road, Bridgewater. | Lunenburg County Hikers Lunenburg County Hikers Facebook |
| Torchlight Snowshoe (Canning) | January 22 6:30 p.m. | http://www.artscentre.ca/natural-adventures.html | No cost, donations are welcome | Bring your own Snowshoes if you have them, or book them through us for free! | 2 | Moderate | Meet us at Ross Creek Centre for the Arts. 555 Ross Creek Rd, Canning, NS B0P 1H0 | Ross Creek Centre for the Arts http://www.artscentre.ca/natural-adventures.html @rosscreek (Instagram) Ross Creek Centre for the Arts Facebook |
| Ski Lodge Lake Trail (Ingonish Beach) | January 22 6:00 p.m. | lydia.kerr@countyvictoria.ns.ca | \$25.00 | Snowshoes can be provided as necessary, please indicate when registering. | 3 | Moderate | Ski Cape Smokey 38696 Cabot Trail Rd, Ingonish Beach, NS B0C 1L0 | Municipality of the County of Victoria https://victoriacounty.com/government/municipal-council/municipal-calendar/Municipality of Victoria County Nova Scotia |



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| Summit Loop (Antigonish) | January 23 10:00 a.m. | thekeppoch@gmail.com | \$5.00 | Yes | 5 | Moderate | Individuals will meet at the lodge 5 minutes before the start of the hike. 193 Keppoch Rd, Antigonish, NS B2G 1R9 | Keppoch Mountain https://www.thekeppoch.ca |
| Arthur Young Trail/LaHave River Trail (Cookville) <u>CANCELLED</u> | January 23 1:00 p.m. | Program Details Snowshoe / Hike | Donations for PRO Kids welcomed | Yes, or can borrow snowshoes on request | 5 | Moderate | Parking lot adjacent to Best Western Bridgewater. | Municipality of the District of Lunenburg www.modl.ca District of Lunenburg Recreation, Parks and Tourism Facebook (902) 541-1343 |
| Valley View Provincial Park (Hampton) | January 23 1:30 p.m. | https://raceroster.com/events/2022/55863/valley-view-provincial-park-guided-walk | Free | No, snowshoes will be provided for all who register | 3.5 | Moderate | Minutes from the community of Bridgetown. 960 Hampton Mountain Rd, Hampton, NS B0S 1L0 | Municipality of the County of Annapolis AnnapolisCounty.ca County of Annapolis Facebook |



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|--|-------------------------|---|--|---|-----|------|--|---|
| Old Foster Trail (New Glasgow) | January 29 1:30 p.m. | https://forms.gle/EWPA2MnjqNrgVsuE6 | Free | Yes | 1.6 | Easy | The trail head is at the Pictou County Wellness Centre. 35 Macgregor Ave, New Glasgow, NS B2H 5C6 | Pictou County Trails Association Trails of Pictou County - Home Facebook |
| Ski Ben Eoin Snowshoe Trails (East Bay) | January 29 6:00 p.m. | 902-828-2804 | Lift ticket: \$15, Lift/rental comb \$25 req'd | People can bring their own or rent on site | 3.5 | Easy | Hwy 4 to Ski Ben Eoin. Meet outside of the warming area building. 5101 NS-4, Ben Eoin, NS B1J 1P1 | Ski Ben Eoin www.skibeneoin.com |
| Bell Bay Golf Club (Baddeck) | January 30 1:00 p.m. | Michelle@capebretonresorts.com | \$5, \$10 for snowshoe rental if needed | Have 10 sets available if required | 2 | Easy | Hot beverages and bonfire included. Warming hut and washroom facility on site. Meet at the Maintenance Building in the cleared parking lot area on the golf course. 761 NS-205, Baddeck, NS B0E 1B0 | Baddeck Nordic Club www.inveraryresort.com |