



Fall Guided Hikes 2020 - Valley Region

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. **All of these hikes require pre-registration - no drop-ins permitted** (in order to assist organizers in making social distancing possible). See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how here.](#)

Trail / hike name	Date & time	Pre-registration required for all hikes as follows	Cost / person	Km return	Trail difficulty	Directions / hike details	Organization / contact
Belle Isle Marsh and French Basin Trail Digby	September 12 8:00 AM	jriley@municipality.digby.ns.ca	Free	10	Easy	We'll meet at the Digby Arena at 27 Shreve St. just off Victoria St. in Digby. This is a nice flat trail with good bird/duck watching opportunities.	Fundy Erratics Jonathan Riley jriley@municipality.digby.ns.ca www.facebook.com/groups/fundyerratics
Go Take a Hike - Moses Mountain Windsor	September 19 2:00 PM	www.eventbrite.ca/e/go-take-a-hike-moses-mountain-tickets-11675577867	Free	7.5	Challenging	Meet at the trailhead at 1 Hartt Road in Windsor. More details at www.eventbrite.ca/e/go-take-a-hike-moses-mountain-tickets-11675577867 .	Ladies Beer League Tanya Matheson cheers@ladiesbeerleague.ca www.facebook.com/pg/LadiesBeerDrinkingLeague/events
Hike into Fall: Irishmans Road Recreation Site Newport Station, West Hants	September 20 9:00 AM	app.booking.ca/westhantspub/calendars/courses/index.asp (click on the "i" in event for details and to register)	Free	1.6-6	Moderate	Meet at 151 Irishmans Road in Newport Station, Hants County. We will begin with a 1.6 km loop and you can choose to finish or add on additional loops (approximately 6 km in total length).	West Hants Regional Municipality Kathy Johnston-Isenor kjohnston@westhants.ca www.westhants.ca/parks-and-recreation.html
The Gorge Hike Kentville	October 3 10:00 AM	lbroderick@kentville.ca	Free	4.5	Moderate	Meet in the parking lot of the Gorge (53 Gladys Porter Drive) in Kentville.	Town of Kentville Lydia Broderick lbroderick@kentville.ca www.kentville.ca
Bear River Aqueduct Hike Digby	October 17 9:00 AM	jriley@municipality.digby.ns.ca	Free	8	Moderate	We'll meet at the Digby Arena at 27 Shreve St. just off Victoria St. in Digby. The trail is rooty and rocky with wet muddy patches but has great views of the river and old forests.	Fundy Erratics Jonathan Riley jriley@municipality.digby.ns.ca www.facebook.com/groups/fundyerratics



Trail / hike name	Date & time	Pre-registration required for all hikes as follows	Cost / person	Km return	Trail difficulty	Directions / hike details	Organization / contact
Cheverie Salt Marsh Trail Cheverie, West Hants	October 18 10:00 AM	app.booking.ca/westhantspub/calendars/courses/index.asp (click on the "i" in event for details and to register)	Free	2	Easy	Meet at 6500 Hwy 215 in Cheverie. This is a family-friendly hike!	West Hants Regional Municipality Kathy Johnston-Isenor kjohnston@westhants.ca www.westhants.ca/parks-and-recreation.html
Hike Windsor Windsor	November 7 9:00 AM	app.booking.ca/westhantspub/calendars/courses/index.asp (click on the "i" in event for details and to register)	Free	10	Moderate	Meet at the Victoria Park gazebo at 78 Stannus St in Windsor. We'll hike all around Windsor's trails. We will hike by Haliburton House, the Causeway Trail, Fort Edward and, if we have time, we will finish with the Tregothic Trail.	West Hants Regional Municipality Kathy Johnston-Isenor kjohnston@westhants.ca www.westhants.ca/parks-and-recreation.html
Cape Split Hike Cape Split Provincial Park, Scots Bay	November 7 10:00 AM	jriley@municipality.digby.ns.ca	Free	13	Moderate	We'll meet at the Digby Arena at 27 Shreve St. just off Victoria St. in Digby at 8 am or in the Cape Split parking lot at the trailhead at 10 am. Bring snacks, extra water and extra layers.	Fundy Erratics Jonathan Riley jriley@municipality.digby.ns.ca www.facebook.com/groups/fundyerratics