



## Fall Guided Hikes 2019 - Halifax Region

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how to prepare here.](#)

Trail / Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Km Return	Trail Difficulty	Directions & Hike Details	Organization / Contact
Chain of Lakes Trail, Halifax	September 15 10 AM	No	Free	10	Moderate	Meet in the Superstore parking lot at 3601 Joseph Howe Drive, Halifax. The walk leader is Dan (902-479-2817).	Dartmouth Volksmarch Club Lionel Conrod <a href="mailto:benview@eastlink.ca">benview@eastlink.ca</a> <a href="http://www.dartmouthvolksmarchclub.com/">www.dartmouthvolksmarchclub.com/</a>
Blue Mountain, Hammonds Plains	September 21 10 AM	Yes: <a href="http://hnwta.eventbrite.com">hnwta.eventbrite.com</a>	Free	5	Moderate	Meet at the end of Anahid Drive, off Kingswood Drive, off Hammonds Plains Road. Park in the cul-de-sac.	Halifax North West Trails Association Sharon Gibson <a href="mailto:sandfg6@gmail.com">sandfg6@gmail.com</a> <a href="http://www.halifaxnorthwesttrails.ca">www.halifaxnorthwesttrails.ca</a>
"Back to the Backlands – 10 years after the Spryfield Fire of 2009", Purcell's Cove Backlands	September 22 1 PM	Yes: Membership to YNC and pre-registration required at <a href="mailto:ynchalifax@yncns.ca">ynchalifax@yncns.ca</a>	Free for YNS members. Membership is \$25 / family / year	4	Moderate	This hike is limited to Young Naturalist Club (YNC) members. Membership is available at <a href="http://yncns.ca">yncns.ca</a> . Email <a href="mailto:yncns@yncns.ca">yncns@yncns.ca</a> with how many attending from your family and to ask for meeting location directions. The Purcells Cove Backlands contain a vast area of Jack Pine/Broom Crowberry barrens, an ecosystem with many adaptations to fire. It's not very often (fortunately!) that we get to see these fire adaptations in action in a human lifetime. Join us for a journey into the Backlands as we explore how it has recovered from a massive fire in the spring of 2009.	Young Naturalists Club Karen McKendry and Rebecca Parker <a href="mailto:yncns@yncns.ca">yncns@yncns.ca</a> <a href="http://yncns.ca/events/september-field-trip/">yncns.ca/events/september-field-trip/</a>
Headland Trail, Taylor Head Provincial Park, Spry Bay	September 28 10 AM	No	Free	8	Challenging	In Spry Bay, meet at the Taylor Head Provincial Park kiosk in the last parking lot. View directions at <a href="http://www.friendsoftaylorhead.com">www.friendsoftaylorhead.com</a> .	Friends of Taylor Head Warren Parsons <a href="mailto:rosalieeast@ns.sympatico.ca">rosalieeast@ns.sympatico.ca</a> <a href="http://www.friendsoftaylorhead.com">www.friendsoftaylorhead.com</a>
The Bluff Trail (Pot Lake Loop), Timberlea	October 6 10 AM	No	Free	11	Challenging	Meet in Timberlea on Highway 3 at the entrance to Glengary Estates at Forest Glen Drive, opposite St. Andrews Anglican Church. The walk leader is Dan (902-479-2817).	Dartmouth Volksmarch Club Lionel Conrod <a href="mailto:benview@eastlink.ca">benview@eastlink.ca</a> <a href="http://www.dartmouthvolksmarchclub.com/">www.dartmouthvolksmarchclub.com/</a>



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Long Lake Provincial Park, Spryfield	October 9 10 AM	Yes: 902-490-4238	Free	5	Easy	Meet in the main parking lot of Long Lake Provincial Park, off Dunbrack Street. This is a Nordic walk event. If you have poles please bring them but there will be poles available for those who need them.	HRM Recreation Tracey Cox <a href="mailto:burketr@halifax.ca">burketr@halifax.ca</a>
Herring Cove Provincial Park Reserve (Herring Cove Bluffs), Herring Cove	October 13 10:15 AM	No	Free, but donations welcome	6	Moderate	Meet at the Mumford Terminal Bay 2 (8640) Bus #9 - Herring Cove via Mumford Terminal. Look for your Trip Leader holding up a Trips By Transit sign! This trip takes place in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People.	Trips By Transit Chelsea Hanoun <a href="mailto:programming.volunteers@tripsbytransit.ca">programming.volunteers@tripsbytransit.ca</a> <a href="http://www.tripsbytransit.ca">www.tripsbytransit.ca</a>
Otter Ponds Demonstration Forest Trail Network, Mooseland	October 19 10 AM	Yes: <a href="http://www.otterponds.ca/fall-field-day-and-guided-hike.html">www.otterponds.ca/fall-field-day-and-guided-hike.html</a>	Free	4.5	Moderate	Participants will meet at the Mooseland Community Centre (4032 Mooseland Road, Mooseland) and will carpool down to the trailhead from there. Participants should bring their own lunch and dress appropriately for the weather.	Otter Ponds Demonstration Forest Christie Verstraten <a href="mailto:earthscapeff@gmail.com">earthscapeff@gmail.com</a> <a href="http://www.otterponds.ca/fall-field-day-and-guided-hike.html">www.otterponds.ca/fall-field-day-and-guided-hike.html</a>
McIntosh Run (West Pine Trail), Spryfield	October 19 10:30 AM	No	Free	5	Moderate	Meet at Norawarren trailhead, located at the end of Norawarren Drive in Spryfield. We are partnering with McIntosh Run Watershed Association to highlight the wetlands of McIntosh Run and to celebrate their selection in the Treasured Wetlands of Nova Scotia program.	Ducks Unlimited Canada Emma Bocking <a href="mailto:e_bocking@ducks.ca">e_bocking@ducks.ca</a> <a href="http://www.facebook.com/twnovascotia">www.facebook.com/twnovascotia</a>
Lake William Trail, Waverly	October 20 10 AM	No	Free	10	Challenging	Meet on Rocky Lake Drive opposite the Powder Mill Lake Picnic Park in Waverly. The walk leaders are Ken or Pat (902-861-4372).	Dartmouth Volksmarch Club Lionel Conrod <a href="mailto:benview@eastlink.ca">benview@eastlink.ca</a> <a href="http://www.dartmouthvolksmarchclub.com/">www.dartmouthvolksmarchclub.com/</a>
Susies Lake, Halifax	October 26 10 AM	Yes: <a href="http://hnwta.eventbrite.com">hnwta.eventbrite.com</a>	Free	1.5	Moderate	Meet at Kent Building Supplies on Chain Lake Drive in the parking lot, right hand side by the wood storage area.	Halifax North West Trails Association Sharon Gibson <a href="mailto:sandfg6@gmail.com">sandfg6@gmail.com</a> <a href="http://www.halifaxnorthwesttrails.ca">www.halifaxnorthwesttrails.ca</a>
Monster Mania at Hemlock Ravine, Halifax	October 26 1 PM	Yes: <a href="http://hnwta.eventbrite.com">hnwta.eventbrite.com</a>	Free	1	Easy	Meet at the top of Kent Street, off the Bedford Highway. The hike is approximately 2.5 hour through the park with nature activities along the way. Parents and little ones 5 to 8 years	Halifax North West Trails Association Sharon Gibson <a href="mailto:sandfg6@gmail.com">sandfg6@gmail.com</a> <a href="http://www.halifaxnorthwesttrails.ca">www.halifaxnorthwesttrails.ca</a>



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Headland Trail, Taylor Head Provincial Park, Spry Bay	November 2 10 AM	No	Free	8	Challenging	In Spry Bay, meet at the Bull Beach Parking lot. View directions at <a href="http://www.friendsoftaylorhead.com">www.friendsoftaylorhead.com</a> .	Friends of Taylor Head Warren Parsons <a href="mailto:rosalieeast@ns.sympatico.ca">rosalieeast@ns.sympatico.ca</a> <a href="http://www.friendsoftaylorhead.com">www.friendsoftaylorhead.com</a>
Forest Hills, Bissett Lake, & Heritage Park Trails, Cole Harbour	November 3 10 AM	No	Free	10	Moderate	Meet at Cole Harbour Place, 51 Forest Hills Parkway in Cole Harbour, upper parking lot. The walk leader is Elaine (902-444-4571).	Dartmouth Volksmarch Club Lionel Conrod <a href="mailto:benview@eastlink.ca">benview@eastlink.ca</a> <a href="http://www.dartmouthvolksmarchclub.com/">www.dartmouthvolksmarchclub.com/</a>
Hemlock Ravine (Hemlock Ravine, Wentworth, and Governor's Loop Trail), Halifax	November 9 11:15 AM	No	Free, but donations welcome	5	Easy	Meet at the Barrington St/Duke St Bay 2 (6107) Bus #80 - Sackville Terminal. Look for your Trip Leader holding up a Trips By Transit sign! This trip takes place in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People.	Trips By Transit Chelsea Hanoun <a href="mailto:programming.volunteers@tripsbytransit.ca">programming.volunteers@tripsbytransit.ca</a> <a href="http://www.tripsbytransit.ca">www.tripsbytransit.ca</a>
Fox Lake, Kearney Lake	November 10 10 AM	Yes: <a href="http://hnwta.eventbrite.com">hnwta.eventbrite.com</a>	Free	5	Moderate	Meet at the end of Belle Street and Collins Road, off Larry Uteck, past Kearney Lake. Park in the cul-de-sac.	Halifax North West Trails Association Sharon Gibson <a href="mailto:sandfg6@gmail.com">sandfg6@gmail.com</a> <a href="http://www.halifaxnorthwesttrails.ca">www.halifaxnorthwesttrails.ca</a>