



## Fall Guided Hikes 2018 - Valley Region

(Municipalities of Hants West and Clare, Counties of Digby, Annapolis and Kings)

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how to prepare here](#).

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Km Return	Trail difficulty	Directions Hike Details	Organization / Contact
Annapolis Royal <i>Annapolis Royal</i>	September 14 6:00 PM	Yes 30 minutes before the hike begins	First 5 hikes free (\$2 per hike after that)	10	Easy	Take Exit 22 off HWY 101 to Annapolis Royal. Meet at Ye Olde Town Pub, 9 Church St. There are 5 or 10 km options.	The Valley Trekkers Volkssport Club Karen Illsley <a href="mailto:theillsleys@eastlink.ca">theillsleys@eastlink.ca</a> <a href="http://www.walks.ca">www.walks.ca</a>
Point Prim shipwreck monument <i>Digby</i>	September 15 10:00 AM	No	Free	4	Challenging	The hike starts at the parking lot for the Point Prim lighthouse - see <a href="http://www.digbytrails.ca">www.digbytrails.ca</a> for more info. Hear the story of the 1883 shipwreck on the rocky isolated shore where it happened.	Fundy Erratics Jonathan Riley <a href="mailto:jriley@municipality.digby.ns.ca">jriley@municipality.digby.ns.ca</a> <a href="http://www.facebook.com/groups/fundyerratics/">www.facebook.com/groups/fundyerratics/</a>
Mushroom Hike in the Kentville Ravine <i>Kentville</i>	September 15 9:45 AM	No	Free	2	Moderate	Meet by the upper trailhead parking lot behind the Kentville Research Station. See map at <a href="http://www.paulillsley.com/Kentville_Ravine_Trail/">www.paulillsley.com/Kentville_Ravine_Trail/</a> . This mushroom hike will be lead by Marina Myra.	Flying Squirrel Adventures Judy Lipp <a href="mailto:judylipp@gmail.com">judylipp@gmail.com</a> <a href="http://valleyflyingsquirrel.wordpress.com/">valleyflyingsquirrel.wordpress.com/</a>
Wolfville / Grand Pre <i>Wolfville / Grand Pre</i>	September 21 1:00 PM	Yes 30 minutes before the hike begins	First 5 hikes free (\$2 per hike after that)	10	Easy	Meet at the Robie Tufts Monument. 117 Front St., Wolfville.	The Valley Trekkers Volkssport Club Karen Illsley <a href="mailto:theillsleys@eastlink.ca">theillsleys@eastlink.ca</a> <a href="http://www.walks.ca">www.walks.ca</a>
Meander Waterfall Hike <i>Newport (near Windsor)</i> <b>Cancelled</b>	September 23 11:00 AM <b>Cancelled</b>	Yes <a href="mailto:westhants@westhants.ca">westhants@westhants.ca</a> or 902-798-6929	Free	6 to 7	Moderate	Meet at the Smileys Provincial Park Entrance (109 Clayton McKay Rd, Newport). This includes a brief walk along the road and then walking on an old logging road, which will take us directly to the waterfall. Bring a lunch to eat at the falls.	Municipality of West Hants Julie Brown <a href="mailto:westhants@westhants.ca">westhants@westhants.ca</a> <a href="http://www.westhants.ca/programs-activities.html">www.westhants.ca/programs-activities.html</a>



Kentville Gorge <i>Kentville</i>	September 29 10:00 AM	Yes 30 minutes before the hike begins	First 5 hikes free (\$2 per hike after that)	10	Challenging	Meet at 53 Gladys Porter Dr. Follow signs to the Gorge off Main St., Kentville.	The Valley Trekkers Volkssport Club Karen Illsley <a href="mailto:theillsleys@eastlink.ca">theillsleys@eastlink.ca</a> <a href="http://www.walks.ca">www.walks.ca</a>
Bohaker Trail <i>Delaps Cove Wilderness Trail, Delaps Cove</i>	September 30 1:00 PM	Yes <a href="http://www.annapoliscounty.ca">www.annapoliscounty.ca</a>	Free	2.2	Moderate	Located at 2077 Shore Rd. West, in Delap's Cove, we will meet at the trail map by the parking lot. Prizes to be won. Just 24 km from Annapolis Royal this trail system is located on the shores of the Bay of Fundy in Annapolis County. The hike is a beautiful 2.2km loop with a 43 foot waterfall. There is some uneven ground and steep banks along the trail.	County of Annapolis Nadine Barteaux <a href="mailto:nbarteaux@annapoliscounty.ca">nbarteaux@annapoliscounty.ca</a> <a href="http://www.annapoliscounty.ca">www.annapoliscounty.ca</a>
Harvest Fest Hike at The Gorge <i>Kentville</i>	October 6 9:00 AM	No	Free	5	Moderate	Join us for a guided hike at The Gorge as part of our annual Harvest Fest. Meet at 53 Gladys Porter Drive. There is parking at the trailhead.	Town of Kentville Julia Stephenson <a href="mailto:jstephenson@kentville.ca">jstephenson@kentville.ca</a> <a href="http://www.kentville.ca">www.kentville.ca</a>
Glooscap Nature Trail <i>Glooscap First Nation</i>	October 7 10:00 AM	No	Free	2.6	Moderate	We will meet in the parking lot of the Glooscap First Nation Band Office located at 159 Smith Road, Hantsport.	Glooscap First Nation Jordan Smith <a href="mailto:mpal@glooscapfirstnation.com">mpal@glooscapfirstnation.com</a> <a href="http://mpal@glooscapfirstnation.com">mpal@glooscapfirstnation.com</a>
Crystal Falls <i>Aylesford</i>	October 8 9:30 AM	Yes <a href="mailto:susancareycoachin@gmail.com">susancareycoachin@gmail.com</a>	Free	4	Easy	Find directions at <a href="http://helloweekend.ca/hiking-crystal-falls/">helloweekend.ca/hiking-crystal-falls/</a> .	Hello Weekend Susan Carey <a href="mailto:susancarey@ns.sympatico.ca">susancarey@ns.sympatico.ca</a> <a href="http://www.helloweekend.ca">www.helloweekend.ca</a>
Valleyview Provincial Park <i>Hampton</i>	October 14 1:00 PM	Yes <a href="http://www.annapoliscounty.ca">www.annapoliscounty.ca</a>	Free	1.5	Moderate	Meet at 960 Hampton Mountain Rd, Hampton. Come join us and take in the breathtaking view of our Annapolis Valley. This trail will lead you through a beautiful wooded area with an amazing look-off feature. This trail is considered moderate due to some hilly areas and some uneven ground.	County of Annapolis Nadine Barteaux <a href="mailto:nbarteaux@annapoliscounty.ca">nbarteaux@annapoliscounty.ca</a> <a href="http://www.annapoliscounty.ca">www.annapoliscounty.ca</a>
Roxbury the ghost town lost in the woods <i>Roxbury</i>	October 20 10:00 AM	No	Free	14	Moderate	Meet at the Digby arena parking lot at 10 a.m.	Fundy Erratics Jonathan Riley <a href="mailto:jriley@municipality.digby.ns.ca">jriley@municipality.digby.ns.ca</a>



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Kentville Pumpkin People Walk <i>Kentville</i>	October 20 10:00 AM	Yes 30 minutes before the hike begins	First 5 hikes free (\$2 per hike after that)	5 to 10	Easy	Meet at the former train station, 66 Cornwallis St, Kentville. There are 5 and 10 km options.	The Valley Trekkers Volkssport Club Karen Illsley <a href="mailto:theillsleys@eastlink.ca">theillsleys@eastlink.ca</a> <a href="http://www.walks.ca">www.walks.ca</a>
Avondale trail system <i>Avondale</i>	October 21 2:00 PM	No	Free	2.5 to 5	Moderate	Meet at the Avondale Community Hall parking lot trailhead at 50 Avondale Cross Road. We will offer two hikes at the same time: 1. Westbrook trail (~ 2.5 km), and 2. The entire trail system (~ 5 km).	West Hants Trails Association Devan Archibald <a href="mailto:westhantstrails@gmail.com">westhantstrails@gmail.com</a> <a href="http://www.westhantstrails.ca">www.westhantstrails.ca</a>
Full Moonlight Haunted Walk (family friendly) <i>Windsor</i>	October 24 6:00 PM	Yes <a href="mailto:westhants@westhants.ca">westhants@westhants.ca</a> or 902-798-6929	Free	2 to 3	Easy	Meet at Irishmans Rd Rec Site (151 Irishmans Rd, Windsor). We will be exploring a few of the trails in search of treats and friendly haunting spirits who will be out with the full-moon! Costumes are encouraged and prizes will be given.	Municipality of West Hants Julie Brown <a href="mailto:westhants@westhants.ca">westhants@westhants.ca</a> <a href="http://www.westhants.ca/programs-activities.html">www.westhants.ca/programs-activities.html</a>
Dodge Rd <i>Wilmot</i>	October 27 10:00 AM	Yes 30 minutes before the hike begins	First 5 hikes free (\$2 per hike after that)	10	Moderate	Take Exit 17 off Hwy 101 and meet at the corner of Rte 221 and Dodge Rd.	The Valley Trekkers Volkssport Club Karen Illsley <a href="mailto:theillsleys@eastlink.ca">theillsleys@eastlink.ca</a> <a href="http://www.walks.ca">www.walks.ca</a>
Hike in BC! (Back of Canning) <i>Blomidon Provincial Park</i>	October 27 11:00 AM	Yes <a href="mailto:director@canningrecreation.com">director@canningrecreation.com</a>	Free	12	Moderate	Meet at the lower parking lot at Blomidon Provincial Park at the end of Perea Road. Please arrive 10 minutes early.	Canning Recreation Jennie Weisner <a href="mailto:director@canningrecreation.com">director@canningrecreation.com</a> <a href="http://www.canningrecreation.com">www.canningrecreation.com</a>
Forest Lakes Multi-Purpose Trail System <i>West Hants</i> <b>Rescheduled to Nov. 4</b>	October 28 1:00 PM <b>Rescheduled to Nov. 4</b>	Yes (for food) <a href="mailto:info.forestlakescountryclub.ca/fall-hike/">info.forestlakescountryclub.ca/fall-hike/</a>	Free	2 to 3	Easy	Meeting at Welcome Lodge (40 Eagle View Drive, Ardoise), we will walk to the trail from there. This will be a guided hike with a biologist. Also, there will be a post-hike reception with healthy snacks and warm beverages at the Welcome Lodge.	Forest Lakes Country Club Kathryn Kipper <a href="mailto:kathryn@forestlakescountryclub.ca">kathryn@forestlakescountryclub.ca</a> <a href="http://info.forestlakescountryclub.ca/fall-hike/">info.forestlakescountryclub.ca/fall-hike/</a>



Baxter's Harbour Waterfall Tour <i>Baxter's Harbour</i> <b>Rescheduled to Nov. 10</b>	November 3 11:30 AM <b>Rescheduled to Nov. 10</b>	Yes <a href="mailto:director@canningrecreation.com">director@canningrecreation.com</a>	Free	7	Moderate	Meet at the corner of Old Baxter Mill Rd and Black Hole Rd, 1 to 2 kms east of Baxters Harbour (follow the paved Baxters Harbour Rd down to its end at a T-turn right onto a dirt road and drive for a km or so). <u>The hiking route has changed</u> see the description under the November 4th listing below.	Canning Recreation Jennie Weisner <a href="mailto:director@canningrecreation.com">director@canningrecreation.com</a> <a href="http://www.canningrecreation.com">www.canningrecreation.com</a>
Hemlocks & Hardwoods Trail <i>Kejimikujik National Park and Natural Historic Site</i>	November 4 1:00 PM	Yes <a href="http://www.annapoliscounty.ca">www.annapoliscounty.ca</a>	Free	6	Easy	Meet at the Big Dam Rd parking lot in Keji. Come explore a true old growth hemlock forest and discover giant hemlock trees, which are hundreds of years old. As you move into the stand of tall, stately conifers, you will notice how different it feels under the thick-leafed canopy: cool and dark and moist. A hemlock boardwalk will take you over the very sensitive roots of these giants.	County of Annapolis Nadine Bartheaux <a href="mailto:nbartheaux@annapoliscounty.ca">nbartheaux@annapoliscounty.ca</a> <a href="http://www.annapoliscounty.ca">www.annapoliscounty.ca</a>
Forest Lakes Multi-Purpose Trail System <i>West Hants</i>	November 4 1:00 PM	Yes (for food) <a href="mailto:info.forestlakescountryclub.ca">info.forestlakescountryclub.ca</a>	Free	2 to 3	Easy	Meeting at Welcome Lodge (40 Eagle View Drive, Ardoise), we will walk to the trail from there. This will be a guided hike with a biologist. Also, there will be a post-hike reception with healthy snacks and warm beverages at the Welcome Lodge.	Forest Lakes Country Club Kathryn Kipper <a href="mailto:kathryn@forestlakescountryclub.ca">kathryn@forestlakescountryclub.ca</a> <a href="http://info.forestlakescountryclub.ca/fall-hike/">info.forestlakescountryclub.ca/fall-hike/</a>
Baxter's Harbour Waterfall Tour <i>Baxter's Harbour</i>	November 10 11:30 AM	Yes <a href="mailto:director@canningrecreation.com">director@canningrecreation.com</a>	Free	7	Moderate	Meet at the corner of Old Baxter Mill Rd and Black Hole Rd, 1 to 2 kms east of Baxters Harbour (follow the paved Baxters Harbour Rd down to its end at a T-turn right onto a dirt road and drive for a km or so). <u>The hiking route has changed</u> to include visiting three waterfalls over sometimes rocky terrain, and will NOT require any major stream crossings (any crossings will be optional, and at hikers' discretion). After heavy rain on Fri/Sat, the paths will likely be wet, but the falls will be flowing well. Please bring minimum 1 L water, energy snacks/lunch, comfortable hiking footwear (and extra socks), small knapsack for carrying your supplies, dress in layers (synthetic or wool fabrics are best; keep cotton to a minimum), gloves/hat if necessary. Be prepared for a chilly Fundy breeze. The route is less than 6 km round-trip (2-3 hrs), much of it on road, but the terrain is rugged near the falls.	Canning Recreation Jennie Weisner <a href="mailto:director@canningrecreation.com">director@canningrecreation.com</a> <a href="http://www.canningrecreation.com">www.canningrecreation.com</a>