



Fall Guided Hikes 2018 - September

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how to prepare here](#).

| Trail/Hike name | Date & Time | Do I need to Pre-Register? | Cost / Person | Km Return | Trail difficulty | Directions Hike Details | Organization / Contact |
|--|--------------------------|--|--|-----------|------------------|--|---|
| Annapolis Royal <i>Annapolis Royal</i> | September 14 6:00 PM | Yes 30 minutes before the hike begins | First 5 hikes free (\$2 per hike after that) | 10 | Easy | Take Exit 22 off HWY 101 to Annapolis Royal. Meet at Ye Olde Town Pub, 9 Church St. There are 5 or 10 km options. | The Valley Trekkers Volkssport Club Karen Illsley theillsleys@eastlink.ca www.walks.ca |
| Bird Identification Walk & Talk <i>Miller Point Peace Park, Dayspring</i> | September 15 5:00 PM | No | Free | 2-3 | Easy | Meet at Miller Point Peace Park, Dayspring. | Municipality of the District of Lunenburg Sandy Mair-Dodman sandy.mair-dodman@modl.ca www.modl.ca |
| Point Prim shipwreck monument <i>Digby</i> | September 15 10:00 AM | No | Free | 4 | Challenging | The hike starts at the parking lot for the Point Prim lighthouse - see www.digbytrails.ca for more info. Hear the story of the 1883 shipwreck on the rocky isolated shore where it happened. | Fundy Erratics Jonathan Riley jriley@municipality.digby.ns.ca www.facebook.com/groups/fundyerratics/ |
| Mushroom Hike in the Kentville Ravine <i>Kentville</i> | September 15 9:45 AM | No | Free | 2 | Moderate | Meet by the upper trailhead parking lot behind the Kentville Research Station. See map at www.paulillsley.com/Kentville_Ravine_Trail/ . This mushroom hike will be lead by Marina Myra. | Flying Squirrel Adventures Judy Lipp judylipp@gmail.com valleyflyingsquirrel.wordpress.com/ |
| Heritage Walk & Talk <i>Dayspring Community Cemetery and Miller Point Peace Park, Dayspring</i> | September 19 6:00 PM | No | Donation welcome | 2 | Easy | Meet at Miller Point Peace Park and Dayspring Community Cemetery, Dayspring. Graveyards and cemeteries give us a window into our past. Peter Oickle will entertain with interesting stories about interesting times. | Municipality of the District of Lunenburg Sandy Mair-Dodman sandy.mair-dodman@modl.ca www.modl.ca |



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| Wolfville / Grand Pre <i>Wolfville / Grand Pre</i> | September 21 1:00 PM | Yes 30 minutes before the hike begins | First 5 hikes free (\$2 per hike after that) | 10 | Easy | Meet at the Robie Tufts Monument. 117 Front St., Wolfville. | The Valley Trekkers Volkssport Club Karen Illsley theillsleys@eastlink.ca www.walks.ca |
| Coxheath Hill - The Fall Crawl <i>Blacketts Lake</i> | September 22 10:00 AM | Yes Recreation@cbrm. ns.ca | Free | 5 | Moderate | Meet in the main trail parking lot. We will follow main trail to Pitman's Cabin looping back down the hill via the Western Loop. This hike covers a steep crawl up hill for the first 0.5km; the trail is rocky. Sturdy supportive footwear is recommended. | CBRM Recreation Active by Nature Charlotte MacDonald cmmacdonald@cbrm.ns.ca www.cbrm.ns.ca |
| Salt Marsh Trail <i>Cole Harbour</i> | September 23 12:00 PM | Yes weebitwit@gmail.c om | Free | 8 | Easy | Travelling along the Hwy 207 (AKA the Cole Harbour Rd) turn onto Hwy 322 (AKA Bissett Rd). Park in the parking lots on either side of the road at 805 Bissett Rd. The Salt March Trail is on the left side of the road (or east). The causeways and bridges across the SMT are exposed to the elements more so than the wood approaches. Be prepared for the weather and bring water & snacks. This is a good easy walk for all ages. The trail is linear so we will be retracing our steps for a different view. | Cole Harbour Parks & Trails Assoc Holly Woodill weebitwit@gmail.com www.chpta.org |
| Meander Waterfall Hike <i>Newport (near Windsor)</i> | September 23 11:00 AM | Yes westhants@westh ants.ca or 902-798-6929 | Free | 6 to 7 | Moderate | Meet at the Smileys Provincial Park Entrance (109 Clayton McKay Rd, Newport). This includes a brief walk along the road and then walking on an old logging road, which will take us directly to the waterfall. Bring a lunch to eat at the falls. | Municipality of West Hants Julie Brown westhants@westhants.ca www.westhants.ca/programs-activities.ht ml |
| Nature Walk & Talk <i>Miller Point Peace Park, Dayspring</i> | September 26 10:00 AM | No | Free | 2 to 3 | Easy | Meet at Miller Point Peace Park, Dayspring. Learn fun facts about the park's tall pines, native plants and shrubs. | Municipality of the District of Lunenburg Sandy Mair-Dodman sandy.mair-dodman@modl.ca www.modl.ca |
| Fox Lake <i>Halifax</i> | September 29 10:00 AM | Yes hnwta.communicat ions@gmail.com , 902-403-6485 | Free | 5 | Moderate | Take Larry Uteck to Belle Street to Collins Road. Meet and park in the cul- de- sac on Collins Road. | Halifax North West Trails Association Alyssa Doue hnwta.communications@gmail.com www.halifaxnorthwesttrails.ca |



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| Kentville Gorge <i>Kentville</i> | September 29 10:00 AM | Yes 30 minutes before the hike begins | First 5 hikes free (\$2 per hike after that) | 10 | Challenging | Meet at 53 Gladys Porter Dr. Follow signs to the Gorge off Main St., Kentville. | The Valley Trekkers Volkssport Club Karen Illsley theillsleys@eastlink.ca www.walks.ca |
| Kenomee Canyon Economy | September 29 8:30 AM | Yes lexmclaughlin7@gmail.com | Free | 18 | Challenging | Take Exit 12 (Masstown Market) on Hwy 104. Take Hwy 2 West to Central Economy and meet in the parking lot of the Interpretation Centre. | Kenomee Trail Society Alexia McLaughlin lexmclaughlin7@gmail.com www.colchester.ca/kenomee-trail-system#kenomee |
| Bohaker Trail <i>Delaps Cove Wilderness Trail, Delaps Cove</i> | September 30 1:00 PM | Yes www.annapoliscounty.ca | Free | 2.2 | Moderate | Located at 2077 Shore Rd. West, in Delap's Cove, we will meet at the trail map by the parking lot. Prizes to be won. Just 24 km from Annapolis Royal this trail system is located on the shores of the Bay of Fundy in Annapolis County. The hike is a beautiful 2.2km loop with a 43 foot waterfall. There is some uneven ground and steep banks along the trail. | County of Annapolis Nadine Barteaux nbarteaux@annapoliscounty.ca www.annapoliscounty.ca |
| Gully Lake and Juniper Head Trails <i>Glen Road, Pictou County</i> | September 30 9:00 AM | Yes nwrunner@gmail.com | Free | 18 | Challenging | The Juniper Head Trail starts at the trailhead (with parking) approximately 3 km north of Highway #4 just north of Mount Thom. Map coordinates are 45 33.1 N and 63 00.2 W. This is a long hike (18 km) over moderately difficult terrain (total elevation change approx. 400 m/1300 ft) with no 'drop out' points; participants must be physically prepared to hike approximately 6 hours total - ample rest stops will be provided, so the total hike length will be about 8 hours. | Cape to Cape Trail Committee Alasdair Veitch nwrunner@gmail.com www.cobeguidecotrails.ca/trails |