

Fall Guided Hikes 2017 - November

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to the ParticipACTION 150 Play List and the NS Department of Communities, Culture and Heritage for their support. Hikes are free and pre-registration is required unless otherwise indicated. See the details below for each hike. Hiking is a top activity on the ParticipACTION 150 Play List. When hiking, always be prepared for the conditions. Learn how to prepare here: <https://www.adventuresmart.ca/land/hiking.htm>.

Trail/Hike name	Date	Time	Do I need to Pre-Register?	Km Return	Trail difficulty	Directions & Details About the Hike	Organization/Contact
Nine Mile River Trail <i>Lower Nine Mile River</i>	November 4	9:45 AM	No	10	Moderate	Take Hwy 102 North to Exit 7, right onto Hwy 2 to Enfield, turn left by Home Hardware onto Old Enfield Rd. Go North 9 km on Old Enfield/Enfield Rd to the parking lot on the left. Bring a lunch and lots of water.	Chebucto Hiking Club Colin Darlington chebuctohiking@hotmail.com www.chc.chebucto.org
Blue Rocks Common <i>Blue Rocks , Lunenburg County</i>	November 4	2:00 PM	Must pre-register at 902-541-1343, recreation@modl.ca or www.modl.ca	8	Moderate	Meet at 28 Back Harbour Rd. at the Saw Pit Wharf to carpool. Tick precautions are a must.	District of Lunenburg Recreation Janice Rand janice.rand@modl.ca www.modl.ca
Late Season Guided Hike <i>Taylor Head Provincial Park, Spry Bay</i>	November 4	10:00 AM	No	12	Moderate	Meet at the Bull Beach parking lot inside the park. Join us for a walk on the Bull Beach Trail and the Bob Bluff Trail to Psyche Cove Beach (Taylor Head Beach). Our walk continues along the beach to Powers Pond and the Spry Bay Trail, then back to the main parking lot to finish off. Participants will have the option of a shuttle back to the Bull Beach parking lot, or you may choose to walk the Park Rd. back to your car.	Friends of Taylor Head Provincial Park Warren Parsons rosalieeast@ns.sympatico.ca friendsoftaylorhead.com/events
Blomidon Provincial Park Trail Walk <i>Blomidon Provincial Park, Canning</i>	November 4	10:00 AM	Register onsite at 9:30 am in the lower Blomidon Parking lot	10	Challenging	Take Exit 11 Hwy 101 and follow the signs to Canning, go through Canning and turn left at sign to Blomidon Provincial Park. Bring a packed lunch and hiking boots. The Valley Trekkers are members of Volkssport Canada.	Valley Trekkers Karen Illsley theillsleys@eastlink.ca www.walks.ca
Dalhousie Agricultural Campus Trail <i>Bible Hill</i>	November 5	7:00 PM	Must pre-register at brown@biblehill.ca or 902-893-8083	2	Easy	This is a night hike (bring a flashlight). Park at the Bible Hill Recreation Park (64 Guest Dr.).	Village of Bible Hill Cody Brown brown@biblehill.ca www.biblehill.ca
Exploring Local Plants and Animals <i>Hubbards</i>	November 6	2:30 PM	Must pre-register at Nadinehackney@gmail.com	5	Easy	Meet at Through The Years Daycare at 20 Pte. Richard Green Lane in Hubbards.	The Evergreen Club Nadine Hackney Nadinehackney@gmail.com

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Herring Cove Provincial Park Herring Cove/Halifax	November 11	12:00 PM	No	5	Easy	We will meet at the Halifax Common to journey together to Herring Cove via the #20 bus route. There is an option to meet us at Mumford Terminal.	Trips By Transit Meredith Baldwin tripsbytransit.hfx@gmail.com adventurebybus.wixsite.com/home
Irishman's Road Recreation Site Newport Station	November 12	11:00 AM	Must pre-register at hollyross@hotmail.com	2 to 10	Moderate	The Irishman's Road Recreation Site. at 151 Irishman's Rd. in Newport Station, has very distinctive landscape features with high gypsum content and, as such, it is dominated by Karst topography and easy to distinguish sinkholes. This site boasts a beautiful and extensive shared use trail network with a mix of single-track and double-track.	West Hants Parks and Recreation Holly Ross hollyross@hotmail.com www.trailforks.com/region/irishman-s-road-recreation-site-11525/map