



Fall Guided Hikes & Walks 2023



September

Hike Nova Scotia thanks its community partners for organizing these events, as well as [Goose Lane Editions](#) and the [NS Department of Communities, Culture, Tourism and Heritage](#) for their support. All participants have the opportunity to win a 'trail' prize. Some events require pre-registration and most are free or low-cost. See the details below for each hike. When hiking, walking or snowshoeing, always be prepared for the conditions. [Learn how here.](#)

Trail/Hike name	Date & Time	How to Register	Cost / Person	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Charlies Lake Bedford	September 16 10:00 AM Cancelled	https://docs.google.com/forms/d/e/1FAIpQLSc0zDby1hy-yz6o-2dYMJ52Fiy-XJquI5tReawqbPbedw-lxw/viewform?usp=sf_in	Free	3	Moderate	Starting from the cul de sac at the end of Colins Road, which is at the end of Belle Street, which is off of Larry Uteck Boulevard. https://www.google.ca/maps/@44.6952409,-63.7054505,19.69z	Friends of Blue Mountain-Birch Cove Lakes hiking@bluemountainfriends.ca https://drive.google.com/file/d/1g3zfR4cT1YXZkrSlueO669y71m1NVO6R/view?usp=sharing
Mental Health Walk Series – Miller Point Peace Park, Dayspring	September 16 1:00PM Cancelled	Connect2rec.com	Free	3	Easy	To start, meet in the parking lot at Miller Point Peace Park. Health professionals will be there to facilitate discussion around mental health, in an inclusive and safe environment, throughout the walk. 13905 Nova Scotia Trunk 3, Dayspring.	Municipality of the District of Lunenburg Connect2rec.com
Princess Louise Monument Hike Digby	September 16 2:00 PM Postponed to Sept. 30	No need to register	Free	4	Moderate	Parking lot for Point Prim Lighthouse, next to 1417 Lighthouse Rd: http://www.digbytrails.ca/point-prim-directions.html . This hike combines rough woodland trails and clambering over uneven shoreline. Following the hike, BBQ at the lighthouse. Open house and activities hosted by Friends of Point Prim.	Fundy Erratics Hiking Group www.facebook.com/groups/fundyerratics

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Sunday In The Heritage Park Cole Harbour	September 17 10:00 AM	weebitwit@gmail.com	Free, donations welcome	4.5	Moderate	256 Bissett Rd, Cole Harbour - Turn off the #207 Cole Harbour Rd on to Bissett pull into the parking lot where the Red Program And Maintenance Buildings are on your left. This is the Heritage Park -there are many looping trails to enjoy, as well as some history and natural protected areas in the park.	Cole Harbour Parks & Trails Association www.Chpta.Org
People of the Hector Walk Loch Broom, Pictou County	September 17 10:00 AM Cancelled	pat.macdonnell@icloud.com Registration is encouraged.	Free	15	Easy	We will be celebrating the first Scottish settlers who arrived on the ship Hector in 1773 by walking from the Historic Log Church (1576 Loch Broom Rd, Pictou County) to the Ship Hector on the Pictou Waterfront. The full 15-km walk will start at the Historic Log Church at 10:00 am. Participants may choose to walk the full 15 km distance to Pictou or join at one of the other locations along the way as we pass through and continue from there. There are two other starting points, the first at the Scotch Hill Rd/Jitney Trail intersection (8km to Pictou) and the second at Brown's Point (3km to Pictou). We will arrive in Pictou in time to join the Tattoo festivities at 2:00 pm. Join us for the entire walk or any portion and be part of the 250th celebration of the arrival of Ship Hector! Period attire is welcomed. Bring your own lunch and water.	Pictou County Trails Association Cape 2 Cape committee. Pat MacDonnell 902-331-0012 pat.macdonnell@icloud.com
Susies Lake Flagpole Hill Halifax	September 24 10:00 AM	https://docs.google.com/forms/d/e/1FAIpQLSfgRVzgG_7FwZLnmpLFXX6_og4cATovOaGLVX-Fp6b6jGugzQ/viewform?usp=sf_link	Free	3	Moderate	Starting from the gravel parking lot of Kent Building Supplies, Chain Lake Drive, Halifax https://goo.gl/maps/qf3daQoTHzvGmCVE8	Friends of Blue Mountain-Birch Cove Lakes hiking@bluemountainfriends.ca https://drive.google.com/file/d/18Jx0S_vTBISx0iITeSCPCdu-DMAMv6Xl/view?usp=sharing
Three Falls Midville Branch, near Bridgewater	September 24 2:00 PM	luncountyhikers@gmail.com or https://www.facebook.com/groups/1273215446168081	Free	4	Moderate	Corner of Lower Branch Road and Smith Road in Midville Branch outside Bridgewater. We will drive a short distance between the three falls.	Lunenburg County Hikers www.facebook.com/groups/1273215446168081

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Clarke Head Beach Hike Parrsboro	September 26 11:00 AM	annahergert@me.com	Free	7	Moderate	Meet at 10:45 am at Glooscap Campground Geopark Beach Parking area.	Cliffs of Fundy Geopark Tide Rollers & Mudlarkers fundycontemplations.ca/cliffs-of-fundy-geopark-joint-events/
Waterfall Extravaganza Parrsboro	September 29 11:00 AM	nixregalvina@gmail.com Registration is closed	Free	3	Easy	Tim Hortons parking area, Parrsboro. This is a progressive hike with short (1km or less) hikes to at least 4 waterfalls; participants can participate in one or all of the experiences. Bring lunch and water. Facebook page will host info near the event.	Cumberland Trails Association www.facebook.com/groups/933121780095660
Princess Louise Monument Hike Digby	September 30 1:00 PM	No need to register	Free	4	Moderate	Parking lot for Point Prim Lighthouse, next to 1417 Lighthouse Rd: http://www.digbytrails.ca/point-prim-directions.html . This hike combines rough woodland trails and clambering over uneven shoreline. Following the hike, BBQ at the lighthouse. Open house and activities hosted by Friends of Point Prim.	Fundy Erratics Hiking Group www.facebook.com/groups/fundyerratics