



## Fall Guided Walks 2021 - Highland Region

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to The Trail Shop, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. **All of these hikes require pre-registration - no drop-ins permitted** (in order to assist organizers in making social distancing possible). See the details below for each hike. When hiking, always be prepared for the conditions. [Hiking | AdventureSmart](#)

Trail / hike name	Date & time	Pre-registration required for all hikes as follows	Cost / person	Km return	Trail difficulty	Directions / hike details	Organization / contact
Four Mile Brook-Millsville Loop	Sept 11 10:00am	<a href="mailto:melinda.mackenzie@townofpictou.ca">melinda.mackenzie@townofpictou.ca</a>	Free	5	Easy	<b>Community: Scotsburn</b> Turn off Millsville Road and onto New Road #2 - keep left at the V and the second driveway on the right will be the parking area. The dropped pin is parking: <a href="https://goo.gl/maps/VHR4RDmn5w9H1jV16">https://goo.gl/maps/VHR4RDmn5w9H1jV16</a>	Cape to Cape Trails Pictou County Trails Association Melinda MacKenzie
Summit Loop	Sept 25 10:30am	<a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a>	\$5.00	5	Moderate	<b>Community: Antigonish</b> Individuals will meet at the lodge 10 minutes before start of hike	Keppoch Heather Beaton
Fitzpatrick Mountain from Smith Rock Chalets	Oct 2 9:00am	<a href="mailto:elainefalcone5@gmail.com">elainefalcone5@gmail.com</a>	Free	12	Moderate	<b>Community: Scotsburn</b> Meet at 310 Fitzpatrick Mountain Road. Google Smith Rock Chalets. 310 Fitzpatrick Mountain Road, Scotsburn. Bring lunch and fuel up for Green Hill hike at 2 pm	Cape to Cape Trails Pictou County Trails Association Elaine Falconer
Green Hill	Oct 2 2:00pm	<a href="mailto:dickson.theresa@gmail.com">dickson.theresa@gmail.com</a>	Free	8	Moderate	<b>Community: Scotsburn</b> From Hwy 104 take exit 20 toward Green Hill. Go Right on Pleasant Valley Rd, left on Green Hill Rd right on Dan Fraser Rd.	Cape to Cape Trails Pictou County Trails Association Theresa Dickson
Six Mile Brook Trail	Oct 3 9:00am	<a href="mailto:jdvan49@gmail.com">jdvan49@gmail.com</a>	Free Donations welcome	6	Moderate	<b>Community: Scotsburn</b> Take Exit 19 on #104 (between Truro and New Glasgow), turn right on #4 then (in less than 1 km) turn left on Six Mile Brook Rd. After 5.5 km continue straight on gravel road, at the entrance to the gravel pit keep left, cross a small bridge to the clearly marked trail head.	Cape to Cape Trails Pictou County Trails Association Jim Vance
Fitzpatrick Mountain at 4 Mile Brook	Oct 3 1:00pm	<a href="mailto:ericnosliw1@gmail.com">ericnosliw1@gmail.com</a>	Free \$5 suggested donation	8	Challenging	<b>Community: Scotsburn</b> We will meet at the Fitzpatrick Mountain Trail kiosk in Scotsburn beside Papa Dee's garage at 1pm sharp.	Cape to Cape Trails Pictou County Trails Association Eric Wilson



Summit Loop	Oct 9 11:00am	<a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a>	\$5	5	Moderate	<b>Community: Antigonish</b> Meeting at the lodge 10 minutes before start time	The Keppoch Heather Beaton
Fitness Trail	Oct 16 10:00am	<a href="mailto:michelle.young@townofpictou.ca">michelle.young@townofpictou.ca</a> 902-485-4372	Free	3	Easy	<b>Community: Pictou</b> Meet in the parking lot to McCulloch Education Centre on Wellington Street in the Town of Pictou. The Fitness Trail head is off the parking area.	Pictou Recreation and Parks Michelle Young
Summit Loop- Full moon night	Oct 20 7:00pm	<a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a>	\$5	5	Moderate	<b>Community: Antigonish</b> Meeting at the lodge 10 minutes before start time	Keppoch Mountain Heather Beaton