



Fall Guided Walks 2021 - October

Participants may win a "trail" prize. Thanks to our local partners on the ground for organizing the hikes and to the Trail Shop, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. **All of these hikes require pre-registration - no drop-ins permitted** (in order to assist organizers in meeting public health protocols). See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how here.](#)

Trail / hike name	Date & time	Pre-registration required for all hikes as follows	Cost / person	Km return	Trail difficulty	Directions / hike details	Organization / contact
Fitzpatrick Mountain from Smith Rock Chalets to Millsville	Oct 2 9:00am	elainefalcone5@gmail.com	Free	12	Moderate	Community: Scotsburn Meet at 310 Fitzpatrick Mountain Road. Google Smith Rock Chalets. 310 Fitzpatrick Mountain Road, Scotsburn. Bring lunch and fuel up for Green Hill hike at 2 pm	Cape to Cape Trails, Pictou County Trails Association Elaine Falconer
Green Hill	Oct 2 2:00pm	dickson.theresa@gmail.com	Free	8	Moderate	Community: Scotsburn From Hwy 104 take exit 20 toward Green Hill. Go Right on Pleasant Valley Rd, left on Green Hill Rd right on Dan Fraser Rd.	Cape to Cape Trails, Pictou County Trails Association Theresa Dickson
Six Mile Brook Trail	Oct 3 9:00am	jdvanace49@gmail.com	Free Donations welcome	6	Moderate	Community: Scotsburn Take Exit 19 on #104 (between Truro and New Glasgow), turn right on #4 then (in less than 1 km) turn left on Six Mile Brook Rd. After 5.5 km continue straight on gravel road, at the entrance to the gravel pit keep left, cross a small bridge to the clearly marked trail head.	Cape to Cape Trails; Pictou County Trails Association Jim Vance
Fitzpatrick Mountain at 4 Mile Brook	Oct 3 1:00pm	ericnosliw1@gmail.com	Free \$5 suggested donation	8	Challenging	Community: Scotsburn We will meet at the Fitzpatrick Mountain Trail kiosk in Scotsburn beside Papa Dee's garage at 1pm sharp.	Cape to Cape Trails, Pictou County Trails Association Eric Wilson
Summit Loop	Oct 9 11:00am	thekeppoch@gmail.com	\$5	5	Moderate	Community: Antigonish Meeting at the lodge 10 minutes before start time	The Keppoch Heather Beaton
Moses Mountain	Oct 11 9:30am	luncountyhikers@gmail.com	Free	10	Challenging	Community: Mills Section Take Hwy 14, Mills Section, near civic #2965, 2955. Meet at Eastern Valley Hydro System Avon #2.	Lunenburg County Hikers Janice Rand



Franey	Oct 12 9:30am	http://www.hikethehighlandsfestival.com/	\$15	8.5	Moderate	Community: Ingonish In Ingonish, on the Cabot Trail, you will find the trailhead for Franey Mountain just north of the Clyburn River. Take a turn onto Franey Road and follow it for about 1km to the parking lot. This trail is a loop, and is steep and rugged at times.	Hike the Highlands Festival Percy Rasmussen 902 220-1200
Card Lake Colours	Oct 16 9:00am	902-275-3490	Free	3	Easy	Community: New Ross Card Lake Provincial Park is on the Windsor Road (Hwy 14), approximately 15 minutes inland from highway 103 at exit 8.	Chester Recreation & Parks Jody Conrad
Lowland Cove	Oct 16 9:30am	902-220-1200 http://www.hikethehighlandsfestival.com/	\$15	14	Moderate	Community: Meat Cove Turn sharply left onto Meat Cove Road, before the St. Margaret's Village Co-op Store which is paved for the first 6 km (3.75 mi), but for the last 7 km (4.25 mi) is a narrow dirt road. Follow it to the Meat Cove Welcome Centre and park there. All hikers are asked to be there 30 minutes before the hike starts.	Hike the Highlands Festival Percy Rasmussen 902 220-1200
Grandmother's Head	Oct 16 9:30am	luncountyhikers@gmail.com	Free	10	Challenging	Community: Walden Park along the road near #4181 Woodstock Road, Walden.	Lunenburg County Hikers Janice Rand
Fitness Trail	Oct 16 10:00am	michelle.young@townofpictou.ca 902-485-4372	Free	3	Easy	Community: Pictou Meet in the parking lot to McCulloch Education Centre on Wellington Street in the Town of Pictou. The Fitness Trail head is off the parking area.	Pictou Recreation and Parks Michelle Young
McNabs Island Fall Foliage Tours	Oct 17 9:30am	https://mcnabsisland.ca/events	\$35 (non-members), \$25 (members), \$15 (children & youth)	8	Moderate	Community: Eastern Passage Join the Friends of McNabs Island for our Fall Foliage Tours - Departures from Halifax and Eastern Passage. Advance tickets via https://www.eventbrite.com/o/friends-of-mcnabs-island-society-10724104906	Friends of McNabs Island Society Catherine McCarthy
South Shore Annapolis Valley Trail - Nictaux Start	Oct 17 1:00pm	Register Here! nchisholm@annapoliscounty.ca	Free	5	Easy	Community: Nictaux Falls Meet at 8921 on Highway 10 in Nictaux Falls NS	County of Annapolis - Recreation Nancy Chisholm



Waterfall Walk	Oct 20 9:30am	luncountyhikers@gmail.com	Free	5	Moderate	Community: New Germany Meet at River Ridge Common, #4668, on Hwy 10 in New Germany	Lunenburg County Hikers Janice Rand
Summit Loop- Full moon night	Oct 20 7:00pm	thekeppoch@gmail.com	\$5	5	Moderate	Community: Antigonish Meeting at the lodge 10 minutes before start time	Keppoch Mountain Heather Beaton
McIntosh Run Community Trail	Oct 23 11:30am	youthexplore@isans.ca	Free	3	Easy	Community: Herring Cove We will meet at the ISANS office (6960 Mumford Rd) and bus from there. Otherwise, you can meet us at the McIntosh Run Community Trail sign.	ISANS Rachel Sequeira
Waterfall Walk	Oct 23 1:00pm	luncountyhikers@gmail.com	Free	5	Moderate	Community: New Germany Meet at River Ridge Common, #4668, on Hwy 10 in New Germany	Lunenburg County Hikers Janice Rand
The Four Mile Stillwater Trail	Oct 24 1:00pm	Register Here! nchisholm@annapoliscounty.ca	Free	3	Moderate	Community: Bear River Coming from Caledonia/Kejimikujik: The Four Mile Stillwater Trail is roughly 8 km west of Kejimikujik National Park and Historic Site on the right (east) side of Highway 8. Coming from Annapolis Royal: The Four Mile Stillwater Trail is roughly 40 km east of Annapolis Royal on the left (east) side of Highway 8.	County of Annapolis - Recreation Nancy Chisholm