



Fall Guided Walks 2021 - Halifax Region

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to The Trail Shop, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. **All of these hikes require pre-registration - no drop-ins permitted** (in order to assist organizers in making social distancing possible). See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how here.](#)

Trail / hike name	Date & time	Pre-registration required for all hikes as follows	Cost / person	Km return	Trail difficulty	Directions / hike details	Organization / contact
WiNT September Walk/Roll	Sept 12 9:00am	womeninnaturetogether@gmail.com	Free	5	Easy	Community: Dartmouth / Cole Harbour Meeting at Lawrencetown Beach parking lot, on the Dartmouth end.	Women in Nature Together Melissa Boland
High Head Hike	Sept 18 11:00am	super_d30@hotmail.com	\$5.00	8	Moderate	Community: Prospect Meet at the end of Hages' Lane in Prospect at the Dr. Bill Freedman Nature Reserve	Halifax Outdoor Adventurers Dale Ross
McNabs Island Fall Foliage Tours	Oct 17 9:30am	https://mcnabsisland.ca/events	\$35(non-members) \$25 (members) \$15 (children & youth)	8	Moderate	Community: Eastern Passage Join the Friends of McNabs Island for our Fall Foliage Tours - Departures from Halifax and Eastern Passage. Advance tickets via https://www.eventbrite.com/o/friends-of-mcnabs-island-society-10724104906	Friends of McNabs Island Society Catherine McCarthy
McIntosh Run Community Trail	Oct 23 11:30am	youthexplore@isans.ca	Free	3	Easy	Community: Herring Cove We will meet at the ISANS office (6960 Mumford Rd) and bus from there. Otherwise, you can meet us at the McIntosh Run Community Trail sign.	ISANS Rachel Sequeira