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Earth Walk Kits Available for Loan

In an effort to help connect more kids with nature, Hike NS has partnered with various municipal recreation departments to provide loans of Earth Walk Kits. In eight locations across Nova Scotia there are two Earth Walk Kits per location available to borrow.

An Earth Walk Kit is a backpack full of props and tools to help adults run fun nature activities for kids from 5 to 12 years old. One kit has enough props for up to 14 kids at a time (some activities require kids to share props). So, two leaders using both kits can run a program for a total of 28 kids at a time. A list of the contents is included below. Each kit includes a manual with descriptions of how run the various activities.

Kits are available to anyone who wants to run activities for kids including parents, grandparents, teachers, recreation staff, youth group volunteers and others who want to engage kids with nature. The kits will be especially useful to the over 450 people across the province who have taken Hike NS's Re-Connecting with Nature workshop. This is a one-day, hands-on workshop held mostly outdoors to improve your ability to lead and share an appreciation and understanding of nature with children and youth. Learn more about these workshops at www.hikenovascotia.ca/ourses--workshops--re-connecting/.

Earth Walk Kit Locations

Please email the following contacts about borrowing an Earth Walk Kit in your area.

Annapolis Valley

Kentville Recreation
rbedingfield@kentville.ca

Yarmouth County

Yarmouth Recreation
misty@district.yarmouth.ns.ca

Lunenburg County

Municipality of District of Lunenburg Recreation
Tissy.Bolivar@modl.ca

Halifax Regional Municipality

Adventure Earth Centre - Shubie Park
peacet@halifax.ca

Central NS

Colchester Recreation
hpaquet@colchester.ca

Pictou County

Active Pictou County
coordinator@activepictoucounty.ca

Victoria County

Baddeck Library
Baddeck@cbri.ca or <http://cbri.ca>

Cape Breton Regional Municipality

CBRM Recreation
cmmacdonald@cbrm.ns.ca



Earth Walk Kit Contents

1 day pack

1 list of contents

1 booklet of activity write-ups

Scratch and Sniff Activity:

- 1 sack
- 1 bottle of potion (water)
- 14 scent catchers (pieces of sponge)

Rainbow Gems Activity:

- 1 sack
- 1 plastic bag of a handful of gems (plastic beads)
- 1 white cloth
- 1 story sheet

Leaf Slides Activity:

- 1 sack
- 14 leaf slides

Faces in the Forest Activity:

- 1 sack
- 7 picture frames

A Dozen Touches Activity:

- 1 sack
- 7 touch boxes

Whiffs Activity:

- 1 sack
- 15 whiff cups

Vision Blockers for Meet a Tree or Touch Trail Activities:

- 1 sack
- 7 vision blockers (blindfolds)

Wild Gardens Activity:

- 1 sack
- 14 magnifying lenses
- 1 cloth to cover sample garden
- 8 sets of garden kits (each with 4 corner pegs with string for the boundary and 10 flags)