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News Release

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2018 Hike NS Courses & Workshops Released

Hike Nova Scotia's schedule of 2018 courses and workshops across the province is now available. From May to November and from one end of the province to the other, they range from how to share nature with children to how to be a hike leader to navigation to learn-to-hike.

"We're seeing an increased interest in hiking across the province," says Janet Barlow, Hike NS Executive Director. "With that increase, we want to make sure hikers have the skills to stay safe and have an enjoyable experience. Beginners and experienced hikers will find a course or workshop to meet their needs."

The specific offerings include:

- Re-Connecting with Nature Workshops
- Field Leader - Hiking Courses
- Navigation Maps & Compass Courses
- Get Outside Hike Workshop (GO Hike)

Dates, locations and costs vary, depending upon the course or workshop. Learn more and view the schedules and details at www.hikenovascotia.ca/courses-workshops. Partners include the Outdoor Council of Canada and the NS Department of Communities, Culture and Heritage.

Hike Nova Scotia encourages and promotes a growing hiking culture throughout our great province. We strive to be the voice for those who hike, walk and snowshoe. With every step we're building a community of outdoor adventure enthusiasts.

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