

# Hiking Summit 2024 Program Overview

## May 31 to June 2, 2024 in Antigonish

### Keppoch Mountain and St. FX University

#### **Friday, May 31** *Keppoch Mountain (193 Keppoch Rd)*

- 12:00pm - 8:00pm Registration at Keppoch Mountain  
3:00pm - 5:00pm Afternoon hikes at Beaver Mountain Provincial Park  
Meet at the park before 3 pm  
5:00pm - 6:00pm Supper on Your Own - [Local restaurants listed here](#)  
6:00pm - 7:30pm Welcome Reception - Snacks & cash bar  
8:00pm - 9:30pm Sunset hike at Keppoch  
8:00 pm onward Bonfire and relaxing time at Keppoch

#### **Saturday, June 1** *St. FX University's Mulroney Hall (2332 Notre Dame Ave.)*

- 6:00am - 7:00 am Morning walk on the Antigonish Landing Trail  
7:00am - 8:45am Breakfast on Your Own  
7:45am - 8:45am Registration  
8:45am - 9:30am Official Opening  
9:30am - 10:30am Mi'kmaq Ancient Trails presentation: Wasuek Googoo and Michelle Richards  
10:30am - 11:00am Nutrition Break  
11:00am - 11:45am Breakout Sessions - Choose between: Intersection of Trail Construction and Archaeology presentation; and Panel on Natural Disasters Impact on Trails  
11:45am - 12:30pm Lunch at Morrison Hall (4500 Alumni Cres.)  
12:30pm - 1:00pm Travel to Trailheads  
1:00pm - 5:00pm Afternoon Hikes - Please attend the Track you registered for  
6:00pm - 9:00pm Supper, Summit Award & Silent Auction (Bloomfield Centre, MacKay Room (5555 Union Place) and Making Room for Nature talk  
9:00 pm onward Entertainment

#### **Sunday, June 2** *St. FX University's Mulroney Hall (2332 Notre Dame Ave.)*

- 6:00am - 7:00am Morning walk on the Antigonish Landing Trail  
7:00am - 8:00am Breakfast on Your Own  
7:30am - 8:00am Registration & Silent Auction Pick-Up  
8:00am - 8:30am Travel to Trailheads  
8:30am - 10:30am Morning Hikes - Please attend the Track you registered for  
10:45am - 11:15am Nutrition Break & Silent Auction Pick-Up  
11:15am - 12:15pm Breakout Sessions - Choose between: Health on the Trails; Signage Practices; Hiker Storytelling  
12:30pm - 1:00pm Summit Closing  
1:00pm - 1:45pm Lunch at Morrison Hall (4500 Alumni Cres.)  
1:45pm - 2:15pm Travel to Trailheads  
2:15pm - 4:15pm Afternoon Hikes - Please attend the Track you registered for

**Summit ends - see you next year!**

# Hiking Summit

May 31 to June 2, 2024

With Co-hosts



**KEPPOCH**

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