



Winter Guided Hikes 2019 - February

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking or snowshoeing, always be prepared for the conditions. [Learn how to prepare here.](#)

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Do I bring snowshoes?	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Full Moon Snowshoe Stomp Irishmans Road Recreation Site, Newport Station <i>Snowshoe event (will be a hike if no snow)</i>	February 1 7:00 PM	Yes: 902-798-6929 or westhants@westhants.ca	Free	Yes, bring your own	1.6	Moderate	Meet at Irishmans Road Recreation Site. This is a beautiful trail through the woods and well-marked. If you do not have snowshoes, you can contact the West Hants Office and book a pair in advance (limited quantities). Windsor Recreation also has pairs available. Feel free to come hike if you cannot access snowshoes. Afterwards we will have treats and prize draws!	West Hants Recreation Kathy Johnston-Isenor activeliving@westhants.ca www.westhants.ca
Avondale trail system, Avondale <i>Snowshoe event (will be a hike if no snow)</i>	February 2 1:00 PM	Yes: at tinyurl.com/y77wfr5u	Free	Yes, bring your own	5	Moderate	Meet at the Avondale Community Hall parking lot trailhead at 50 Avondale Cross Road. We will offer two hikes at the same time: 1. Westbrook trail (~ 2.5 km), and 2. The entire trail system (~ 5 km).	West Hants Trails Association Devan Archibald westhantstrails@gmail.com tinyurl.com/ybc4x6su
Keppoch Mountain Nighttime Summit Loop, Keppoch, Antigonish <i>Snowshoe event (will be a hike if no snow)</i>	February 2 7:00 PM	Yes: thekeppoch@gmail.com	Keppoch Trail Pass \$5, Snowshoe rental \$5	No, they will be provided (must register/request snowshoes)	5	Moderate	Meet at the Keppoch Lodge. This hike includes a reasonable ascent and descent on well maintained groomed trails to the summit of Keppoch Mountain. This is a night hike, so bring headlamps and lights! The hike guide is a Canadian Outdoor Council Certified Hike Leader.	Keppoch Mountain Andrew thekeppoch@gmail.com www.thekeppoch.ca
Harvest Moon Trail, Wilmot <i>Snowshoe event (will be a hike if no snow)</i>	February 3 1:00 PM	Yes: at www.annapoliscounty.ca	Free	No, they will be provided (must register/request snowshoes)	5	Easy	Meet at the Wilmot Fellowship Centre (208 Dodge Rd) in Wilmot. At the end of the hike we are excited to have six ladies joining us to show some pictures and talk about their three day trip from Grand Pré to Annapolis Royal along the Harvest Moon Trail.	County of Annapolis Nadine Barteaux nbarteaux@annapoliscounty.ca www.annapoliscounty.ca



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Nine Mile River Trails, Enfield <i>Snowshoe event (will be a hike if no snow)</i>	February 3 10:00 AM	Yes: vp.ninemilerivertrails@gmail.com	Free	No, they will be provided (must register/request snowshoes)	6	Moderate	Meet at 1143 Enfield Rd, Nine Mile River. Directions can be found at www.facebook.com/ninemilerivertrails .	Nine Mile River Trails Association Juliet Gilmour vp.ninemilerivertrails@gmail.com
Fitzpatrick Mountain Trail, Scotsburn <i>Snowshoe event (will be a hike if no snow)</i>	February 3 12:30 PM	Yes: Eric at ericnosliw1@gmail.com or 780-266-2171	Free	Yes, bring your own	4	Moderate	Meet in Scotsburn at Deb's Cafe. This is a leisurely paced hike led by Outdoor Council of Canada certified volunteer leaders using wooded footpaths to pasturelands with a great view. Bring beverage and snacks, in cooperation with Scotsburn Recreation Club.	Cape to Cape Committee of Pictou County Trails Association Eric Wilson ericnosliw1@gmail.com www.capetocapetrails.ca
Primrose Trail, Canning <i>Snowshoe event - cancelled if no snow</i>	February 9 6:00 PM	Yes: property@artscentre.ca	Free with your own snowshoes, \$10 for rental	Bring your own or reserve rentals in advance	2	Easy	Meet at the Arts Centre at 555 Ross Creek Rd, Canning. This is a torchlight snowshoe hike.	Ross Creek Centre for the Arts Christina Daffre property@artscentre.ca www.artscentre.ca
Guided Hike at the Kentville Ravine, Kentville Ravine <i>Snowshoe event (will be a hike if no snow)</i>	February 9 10:00 AM	No	Free	Yes, bring your own	4	Moderate	Meet at 32 Main St. Drive up the hill beyond the Research Station (following signs for picnic area). Meet at the top parking lot near the picnic shelter. If there's enough snow we can snowshoe, if not, we will hike. Snowshoes available to borrow from Town Hall Mon-Fri 8:30 am-4:30 pm.	Town of Kentville Julia Stephenson jstephenson@kentville.ca www.kentville.ca
Victoria Park Snowshoe Hike, Truro <i>Snowshoe event - cancelled if no snow</i>	February 9 10:00 AM	No	Free	Bring your own or reserve rentals in advance	3-5	Moderate	Meet at Truro Jr. High School, 445 Young St., Truro. A limited number of snowshoe rentals are available from Hub cycle: \$8 half day; \$12 full day.	HubCycle Daisy Roberts hubcycle@ns.aliantzinc.ca



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Six Mile Brook Trail, Six Mile Brook <i>Snowshoe event (will be a hike if no snow)</i>	February 9 10:00 AM	Yes: Pat at pat.macdonnell@icloud.com or 902-331-0012	Free	Yes, bring your own	4	Moderate	From Hwy 4 (right off Exit 19 - Hwy. 104) turn left on Six Mile Brook Rd. At the end of asphalt (about 4 km) proceed straight ahead for about 1 km. The trailhead is just over a small one-lane bridge near the gravel pit operation. This is a leisurely paced hike led by Outdoor Council of Canada certified volunteer leaders using wooded trail that opens up to an old farm field. Bring beverage and snacks.	Cape to Cape Committee of Pictou County Trails Association Pat MacDonnell pat.macdonnell@icloud.com www.capetocapetrails.ca
Judique Snowshoe Hike, Judique <i>Snowshoe event (will be a hike if no snow)</i>	February 9 1:00 PM	Yes: 902-625-2899 or blaise45@hotmail.com	Donation Only!	Yes, bring your own	3	Easy	Meet at 5471 Highway 19 - the shack behind the Judique Community Centre. Hot Chocolate in the shack afterwards!	Hike-NS & IAT-NS Claire MacNeil blaise45@hotmail.com www.hikenovascotia.ca www.iatnovascotia.ca
Community Art and Snowshoe Day, Canning <i>Snowshoe event (will be a hike if no snow)</i>	February 10 1:00 PM	Yes: property@artscentre.ca	Free with your own snowshoes, \$10 for rental	Bring your own or reserve rentals in advance	2	Moderate	Meet at the Arts Centre at 555 Ross Creek Rd, Canning. The snowshoe hike will be in combination with a Community Arts day we are having from 1-4pm. There will be food, music and art!	Ross Creek Centre for the Arts Christina Daffre property@artscentre.ca www.artscentre.ca
South Shore Annapolis Valley Trail, Nictaux <i>Snowshoe event (will be a hike if no snow)</i>	February 10 1:00 PM	Yes: at www.annapoliscounty.ca	Free	No, they will be provided (must register/request snowshoes)	3.5	Easy	Meet in the parking lot of the Middleton/Nictaux Lions Club Hall (8921 Hwy 10) in Nictaux.	County of Annapolis Nadine Bartheaux nbartheaux@annapoliscounty.ca www.annapoliscounty.ca
Forest Lakes Multi-Purpose Trail System, Forest Lakes, Ardoise <i>Snowshoe event (will be a hike if no snow)</i>	February 10 12:30 PM	Yes: RSVP for Food/Drink at https://info.forestlakescountryclub.ca/winter-hike/	Free	Yes, bring your own	2-3	Moderate	Meet at the Lodge at 40 Eagle View Drive, Ardoise. Natural ground and perfect for all ages, the Forest Lakes multi-purpose trail system is perfect all year round for hiking, biking, jogging, cross-country skiing and more! Biologist to conduct guided tour.	Forest Lakes Kathryn Parsons kathryn@forestlakescountryclub.ca https://info.forestlakescountryclub.ca/winter-hike/



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Hector's Point, Highland Village Museum, Iona <i>Snowshoe event - cancelled if no snow</i>	February 10 1:00 PM	Yes: at www.ionaheightsinn.com/events	\$10 each with your own snowshoes or \$15 each to rent	Bring your own or reserve rentals in advance	2	Moderate	Starts from the Frolic and Folk Pub at the Iona Heights Inn in Iona. This hike will see you walking around the snowy Highland Village. Approximately 3 km, it will end back at the Frolic'n Folk Pub where you will receive a cup of Jill's Hot Chocolate or for those that are 19/over a 10 oz pint. The walk is for all ages. Shorter routes are available. Space is limited, so reserve online at https://www.ionaheightsinn.com/events/ . *Weather permitting	Highland Village Museum/Jill's Chocolates/Iona Heights Inn Rodney Chaisson rodney.chaisson@novascotia.ca www.ionaheightsinn.com/event/s/
French Basin Trail, Annapolis Royal <i>Snowshoe event (will be a hike if no snow)</i>	February 15 6:00 PM	Yes: at www.annapoliscounty.ca	Free	No, they will be provided (must register/request snowshoes)	1.2	Easy	Meet in the parking lot at 112 Prince Albert St. in Annapolis Royal. We're concluding the Annapolis County hike series with a magical moonlight hike! We have partnered with the Town of Annapolis to offer this spectacular evening. Join us for a fun night of snowshoeing, hot chocolate and warming your hands by a bonfire.	County of Annapolis Nadine Bartheaux nbartheaux@annapolisocunty.ca www.annapoliscounty.ca
Moonlight Snowshoe Jaunt, Ski Ben Eoin <i>Snowshoe event - cancelled if no snow</i>	February 15 6:00 PM	Yes: school@skibeneoin.com	Varies depending on lift and rental needs	Bring your own or reserve rentals in advance	3-8	Easy / Moderate	For directions and details, visit www.skibeneoin.com . A chairlift ride is required as the trail is at mountain top (costs on website) and snowshoe to the bottom. The 8-km hike departs 6 pm, 5-km hike departs 6:30 pm and the 3-km hike departs 7 pm.	Ski Ben Eoin Megan MacLeod school@skibeneoin.com www.skibeneoin.com
Hector's Point Moonlight Walk, Highland Village Museum, Iona <i>Snowshoe event - cancelled if no snow</i>	February 15 7:00 PM	Yes: at www.ionaheightsinn.com/events	\$10 each with your own snowshoes or \$15 each to rent	Bring your own or reserve rentals in advance	2	Moderate	Starts from Frolic and Folk Pub at the Iona Heights Inn in Iona. Join us for our special "Hector's Point Moonlight Walk" – a moonlight snowshoe hike around the Highland Village. Approximately 3 km, it ends at the pub with a 10 oz pint (for those that are 19/over), or a cup of Jill's Hot Chocolate. The walk is for all ages. Shorter routes available if need be. Use coupon code snow in the checkout page to reveal the discounted price. Space is limited, so reserve online at https://www.ionaheightsinn.com/events/ . It is best to arrive 15 minutes before the scheduled walk in order to check in.*Weather permitting	Highland Village/Jill's Chocolates/Iona Heights Inn Rodney Chaisson rodney.chaisson@novascotia.ca www.ionaheightsinn.com/event/s



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Winter tracking, Kentville Ravine <i>Snowshoe event (will be a hike if no snow)</i>	February 16 9:45:00 AM	No	Free	Yes, bring your own	2	Moderate	Meet by the upper trailhead parking lot behind the Kentville Research Station (see map at www.paulillsley.com/Kentville_Ravine_Trail/). We welcome all ages and abilities - see Welcome page on website on how we format our outings.	Flying Squirrel Adventures Judy Lipp judylipp@gmail.com valleyflyingsquirrel.wordpress.com/calendar
Belcher's Marsh, Clayton Park <i>Snowshoe event - cancelled if no snow</i> Sorry, this event is now full!	February 16 1:30 PM	Yes: sandfg6@gmail.com Sorry, this event is now full!	Free	Bring your own or request some to borrow when you register in advance	2	Easy	Meet at Veterans Corner, on the corner of Parkland Drive and Langbrae Drive in Clayton Park, Halifax. In partnership with Halifax Outdoor Recreation. Sorry, this event is now full!	Halifax North West Trails Association Sharon Gibson sandfg6@gmail.com www.halifaxnorthwesttrails.ca
Family Day Winter Hike Cheverie Salt Marsh Trail, Cheverie <i>Hike-only event (no snowshoes)</i>	February 17 3:30 PM	Yes: 902-798-6929 or westhants@westhants.ca	Free	N/A - hike only event, no snowshoes needed	2	Easy	Meet at the parking area along side the road. The 1-km trail (2 km return) offers stunning views of the salt marsh as it winds through the adjacent woods. This family friendly hike will have activities and prizes along the way to celebrate Family Day. Dress for the weather please. We will have a special treat after the hike around a bonfire (weather depending).	West Hants Recreation Kathy Johnston-Isenor activeliving@westhants.ca www.westhants.ca
Snowshoe/Hiking Adventure Bolivar Farms, Baker Settlement <i>Snowshoe event (will be a hike if no snow)</i>	February 17 2:00 PM	Yes: recreation@modl.ca or 902-541-1343	Free	Bring your own or reserve a loan in advance	3	Easy	Meet at 5357 Hwy 325, Baker Settlement.	Municipality of the District of Lunenburg Tissy Bolivar tissy.bolivar@modl.ca www.modl.ca
Jitney Trail Snowshoe Hike, Town of Pictou <i>Snowshoe event (will be a hike if no snow)</i>	February 18 10:00 AM	No	Free	No, they will be provided (must register/request snowshoes)	3	Easy	Take Brown's Point Road in Pictou to the trailhead and parking. The group will meet at the gate. This is an easy and level hiking trail, good for a family or if you are new to snowshoeing. Snowshoes provided or if you have your own please bring them.	Pictou Recreation and Parks Michelle Young michelle.young@townofpictou.ca www.townofpictou.ca



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West Mabou Sports Club Trails West Mabou, Inverness Co. <i>Snowshoe event (will be a hike if no snow)</i>	February 22 6:00 PM	Yes: nhunt861@gmail.com	Free	No, they will be provided (must register/request snowshoes)	6	Moderate	Meet at the West Mabour Sports Club tennis courts. The hike will take you through fields, old roads and wooded paths. Washroom facilities available. There will be hot chocolate afterwards. A limited number of headlamps will be provided.	West Mabou Sports Club Nadine Hunt nhunt861@gmail.com www.invernesscounty.com
Earltown Lakes, Earlton <i>Snowshoe event (will be a hike if no snow)</i>	February 23 9:30 AM	No	Free	Yes, bring your own	11	Challenging	Meet at the intersection of Route 311 and Kemptown Road in Earlton. Park on the side of Kemptown Road out of traffic. For directions see www.cobequidecotrails.ca/trails/directions.asp#rm . Earlton Lake and Portage Trail is set in a towering sugar maple and yellow birch wood, with hemlock and red spruce, a former Christmas tree farm, and flora associated with those woods. It travels through raspberry patches, beside wilderness lakes, on board walks / bridges, near an old stone bridge, and above the headwaters of the Salmon River. The trail near the lakes is relatively level. Bring water, snacks, hat gloves, a wind shell and an extra layer of clothing. No cotton!!	Cobequid Eco-Trails Society Darlene Redmond Darlene.Redmond@nsc.ca www.cobequidecotrails.ca
Snowshoe/Hiking Adventure River Ridge Common, New Germany <i>Snowshoe event (will be a hike if no snow)</i>	February 24 6:00 PM	Yes: recreation@modl.ca or 902-541-1343	Free	Bring your own or reserve a loan in advance	3	Moderate	Meet at the end of Falkenham Lane off Hwy 210, New Germany. This is a night hike, so bring a headlamp or flashlight.	Municipality of the District of Lunenburg Tissy Bolivar tissy.bolivar@modl.ca www.modl.ca
Hector's Point, Highland Village, Iona <i>Snowshoe event - cancelled if no snow</i>	February 24 1:00 PM	Yes: at www.ionaheightsinn.com/events	\$10 each with your own snowshoes or \$15 each to rent	Bring your own or reserve rentals in advance	2	Moderate	Starts from the Frolic and Folk Pub at the Iona Heights Inn in Iona. This hike will see you walking around the snowy Highland Village. Approximately 3 km, it will end back at the Frolic'n Folk Pub where you will receive a cup of Jill's Hot Chocolate or for those that are 19/over a 10 oz pint. The walk is for all ages. Shorter routes are available. Space is limited, so reserve online at https://www.ionaheightsinn.com/events/ . *Weather permitting	Highland Village Museum/Jill's Chocolates/Iona Heights Inn Rodney Chaisson rodney.chaisson@novascotia.ca www.ionaheightsinn.com/event/s/