



Winter Guided Hikes 2019 - January

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking or snowshoeing, always be prepared for the conditions. [Learn how to prepare here.](#)

Trail/Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Do I bring snowshoes?	Km Return	Trail difficulty	Directions / Hike Details	Organization / Contact
Snowshoe/Hiking Adventure Osprey Ridge Golf Course, Pine Grove <i>Snowshoe event (will be a hike if no snow)</i>	January 13 2:00 PM	Yes: recreation@modl.ca or 902-541-1343	Free	Bring your own or reserve a loan in advance	3	Moderate	Meet in the Osprey Ridge Golf Course Parking Lot at 492 Harold Whynot Rd, Pine Grove.	Municipality of the District of Lunenburg Tissy Bolivar tissy.bolivar@modl.ca www.modl.ca
Yellow Birch and Connections, Kempton <i>Snowshoe event (will be a hike if no snow)</i>	January 13 9:30 AM	No	Free	Yes, bring your own	6	Moderate	Meet at the kiosk at 1734 Kempton Road in Kempton. For directions see www.cobequidecotrails.ca/trails/directions.asp#rm . The Yellow Birch Trail is the first trail at the Kempton Road trailhead, connects to the Portage trail and takes you through a scenic hardwood forest with bridges to cross small brooks. It gives you the pleasure of entering the wilderness forest immediately from the parking lot for great connections to the other trails in Gully Lake. Bring water, snacks, hat gloves, a wind shell and an extra layer of clothing. No cotton!!	Cobequid Eco-Trails Society Ruth Mitchell rumitche@gmail.com www.cobequidecotrails.ca
Moonlight Snowshoe Jaunt, Ski Ben Eoin <i>Snowshoe event - cancelled if no snow</i>	January 18 6:00 PM	Yes: snowschool@skibeneoin.com	Varies depending on lift and rental needs	Bring your own or reserve rentals in advance	3-8	Easy / Moderate	For directions and details, visit www.skibeneoin.com . A chairlift ride is required as the trail is at mountain top (costs on website) and snowshoe to the bottom. The 8-km hike departs 6 pm, 5-km hike departs 6:30 pm and the 3-km hike departs 7 pm.	Ski Ben Eoin Megan MacLeod snowschool@skibeneoin.com www.skibeneoin.com
West Mabou Sports Club Trails, West Mabou, Inverness Co. <i>Snowshoe event (will be a hike if no snow)</i>	January 18 6:00 PM	Yes: nhunt861@gmail.com	Free	No, they will be provided (must register/request snowshoes)	6	Moderate	Meet at the West Mabou Sports Club tennis courts. The hike will take you through fields, old roads and wooded paths. Washroom facilities available. There will be hot chocolate afterwards. A limited number of headlamps will be provided.	West Mabou Sports Club Nadine Hunt nhunt861@gmail.com www.InvernessCounty.com



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Winter Guided Hike at The Gorge, The Gorge, Kentville <i>Snowshoe event (will be a hike if no snow)</i>	January 19 10:00 AM	No	Free	Yes, bring your own	5	Moderate	Meet at 53 Gladys Porter Drive. Parking is available at the trailhead. If there's enough snow we can snowshoe, if not, we will hike. Snowshoes available to borrow from Town Hall Mon-Fri 8:30 am-4:30 pm.	Town of Kentville Julia Stephenson jstephenson@kentville.ca www.kentville.ca
Victoria Park Snowshoe Hike, Truro <i>Snowshoe event - cancelled if no snow</i>	January 19 10:00 AM	No	Free	Bring your own or reserve rentals in advance	3-5	Moderate	Meet at Truro Jr. High School, 445 Young St., Truro. A limited number of snowshoe rentals are available from Hub cycle: \$8 half day; \$12 full day.	HubCycle Daisy Roberts hubcycle@ns.aliantzinc.ca
Smelt Brook Ravine Trail, Trenton <i>Snowshoe event (will be a hike if no snow)</i>	January 19 10:00 AM	Yes: Jim at jdvan49@gmail.com or 902-237-4858	Free	Yes, bring your own	4	Easy	Find the trail on Main Street in Trenton (opposite Tim Horton's). This is a leisurely-paced hike led by Outdoor Council of Canada certified volunteer leaders. Join us on a "front country" trail, with three scenic bridges and one short hill on a new section of Canada's Great Trail. Bring beverage and snacks.	Cape to Cape Committee of Pictou County Trails Association Jim Vance jdvan49@gmail.com www.capetocapetrails.ca
Snowshoe/Hiking Adventure Ernst Forest Products Woodlot, Spondo Lake <i>Snowshoe event (will be a hike if no snow)</i>	January 20 2:00 PM	Yes: recreation@modl.ca or 902-541-1343	Free	Bring your own or reserve a loan in advance	3	Easy	Meet at 2373 Woodstock Rd, Spondo Lake or meet at Bayview Community School at 1:15pm.	Municipality of the District of Lunenburg Tissy Bolivar tissy.bolivar@modl.ca www.modl.ca
Snowshoe/Hiking Adventure Miller Point Peace Park, Dayspring <i>Snowshoe event (will be a hike if no snow)</i>	January 22 6:30 PM	Yes: recreation@modl.ca or 902-541-1343	Free	Bring your own or reserve a loan in advance	2	Easy	Meet at Miller Point Peace Park in Dayspring.	Municipality of the District of Lunenburg Tissy Bolivar tissy.bolivar@modl.ca www.modl.ca



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Beaver Mountain Park Trail, Antigonish <i>Snowshoe event (will be a hike if no snow)</i>	January 26 9:30 AM	Yes: Fran at fran.wyman@gmail.com or 902-924-1910	Free	Yes, bring your own	6	Moderate	On Hwy 104 between New Glasgow and Antigonish, take Exit 30. From New Glasgow: at end of exit ramp turn right. From Antigonish: at the end of the ramp turn left. Immediately off overpass, turn right on Beaver Mountain Rd. Go 3 km to the end of the road (GPS N45 34.048 W62 09.229). Park at the entrance gate to the park. This is a leisurely paced hike led by Outdoor Council of Canada certified volunteer leaders using a well-marked park trail system. Bring beverage and snacks.	Cape to Cape Committee of Pictou County Trails Association Fran Wyman fran.wyman@gmail.com www.capetocapetrails.ca
Keppoch Mountain Summit Loop, Keppoch, Antigonish <i>Snowshoe event (will be a hike if no snow)</i>	January 26 11:00 AM	No	Keppoch Trail Pass \$5, Snowshoe rental \$5	No, they will be provided (must register/request snowshoes)	5	Moderate	Meet at the Keppoch Lodge. This hike includes a reasonable rolling ascent and descent of Keppoch Mountain on well maintained groomed trails. The hike guide is a Canadian Outdoor Council Certified Hike Leader.	Keppoch Mountain Andrew thekeppoch@gmail.com www.thekeppoch.ca
Snowshoe/Hiking Adventure Indian Path Common, Indian Path <i>Snowshoe event (will be a hike if no snow)</i>	January 27 2:00 PM	Yes: recreation@modl.ca or 902-541-1343	Free	Bring your own or reserve a loan in advance	2	Moderate	Meet at 395 Fish Peddler Rd, Indian Path.	Municipality of the District of Lunenburg Tissy Bolivar tissy.bolivar@modl.ca www.modl.ca
Hedgeville Footpath, Pictou County <i>Snowshoe event (will be a hike if no snow)</i>	January 29 9:30 AM	Yes: Elaine at elainefalcone5@gmail.com or 902-396-8941	Free	Yes, bring your own	8	Easy	Located at Hedgeville Road/Watt Road, Pictou County (Old Schoolhouse). From Pictou Rotary head west on Hwy 6 toward River John for 23 km, turn left on Hedgeville Rd (just after Lavender Farms). Travel 4 kms to intersection with Watt Rd. From Tatamagouche head east on Hwy 6 to River John for 20 km, turn right on River John Rd (opposite service station). After 3 km turn left on Hedgeville Rd (the second gravel road on left). Travel 1.6 km to Watt Rd. intersection. This is a leisurely paced hike, led by Outdoor Council of Canada certified volunteer leaders using a footpath and old logging road. Bring beverage and snacks.	Cape to Cape Committee of Pictou County Trails Association Elaine Falconer elainefalcone5@gmail.com www.capetocapetrails.ca



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Graves Island Snowshoe, Stargaze & Chili Supper, Graves Island Provincial Park, East Chester <i>Snowshoe event (will be a hike if no snow)</i>	January 31 6:15:00 PM	Yes: 902-275-3490 by Jan 24th	\$5 each, under 12 free	No, they will be provided (must register/request snowshoes)	3	Easy	Graves Island Provincial Park is off of Hwy 3 in East Chester. Take Exit 7 from Hwy 103 and turn right. Join us for a short snowshoe (or walk) including interpretation of the winter constellations and accompanying legends. We end with a steamy bowl of chili in the trailhead shelter.	Chester Recreation & Parks Jody Conrad jconrad@chester.ca www.chester.ca