



## Fall Guided Hikes 2019 - September

Participants may win a "trail" prize. Thanks to our local partners for organizing the hikes on the ground and to MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support. Hikes are free or low-cost and **some require pre-registration**. See the details below for each hike. When hiking, always be prepared for the conditions. [Learn how to prepare here.](#)

Trail / Hike name	Date & Time	Do I need to Pre-Register?	Cost / Person	Km Return	Trail Difficulty	Directions & Hike Details	Organization / Contact
Annapolis Royal - Town, and Bird Sanctuary Walk, Annapolis Royal	September 13 2 PM	Yes: Register onsite at the event	Free for non-members	10	Easy	Meet at the Annapolis Royal Tidal Power Information Centre.	Valley Trekkers - CVF Rick/Lynda Kanne 902-847-1772
Earlton Lakes Trails, Earlton	September 14 10 AM	Yes: <a href="mailto:dickson.theresa@gmail.com">dickson.theresa@gmail.com</a> or 416-526-4213	Free	12	Easy	In Earlton: From highway 311, take the Kemptown Road to the trailhead on the left. You can do this hike one way. A car needs to be parked on Highway 311 at the end of the trail in Earlton. The trail is marked. The trail is wet, so bring extra socks / waterproof footwear.	Cape to Cape Trail Hiking Club Theresa Dickson <a href="mailto:dickson.theresa@gmail.com">dickson.theresa@gmail.com</a> <a href="http://www.cobequidecotrails.ca/">www.cobequidecotrails.ca/</a>
Chain of Lakes Trail, Halifax	September 15 10 AM	No	Free	10	Moderate	Meet in the Superstore parking lot at 3601 Joseph Howe Drive, Halifax. The walk leader is Dan (902-479-2817).	Dartmouth Volksmarch Club Lionel Conrod <a href="mailto:benview@eastlink.ca">benview@eastlink.ca</a> <a href="http://www.dartmouthvolksmarchclub.com/">www.dartmouthvolksmarchclub.com/</a>
Keji Seaside Adjunct Park Hike, Port Joli	September 19 9:30 AM	No	Free	8.7	Moderate	Meet at 1188 St. Catherines River Rd. in Port Joli. From Halifax, go south on Highway 103 to turn off at Exit 22, continuing towards Port Joli and turning left onto St. Catherine's River Rd. Look for the Parks Canada signs. Rain or shine. Bring a snack and water.	Lunenburg County Hikers Janice Rand <a href="mailto:janiceprand@gmail.com">janiceprand@gmail.com</a> <a href="https://www.facebook.com/groups/1273215446168081/">www.facebook.com/groups/1273215446168081/</a>
Moses Mountain, Windsor	September 21 9 AM	Yes: 902-790-9647, <a href="mailto:activeliving@westhants.ca">activeliving@westhants.ca</a> or <a href="http://westhants.ca/rec">westhants.ca/rec</a>	Free	6	Challenging	Please carpool to: 1 Hartt Road. This hike is by pre-registration only (no drop ins please) and is limited to 20 people. The route is very challenging.	Municipality of the District of West Hants Kathy Johnston-Isenor <a href="mailto:activeliving@westhants.ca">activeliving@westhants.ca</a> <a href="http://www.westhants.ca/rec">www.westhants.ca/rec</a>
Forest Home Trail, Forest Home (Kings County)	September 21 10 AM	Yes: Register onsite at the event	Free for non-members	10	Moderate	From Exit 13 off Highway 101, take Highway 12 South for 13 kms. Park at the Gaspereau Lake Dam, just past Forest Home sign.	Valley Trekkers - CVF Karen/Earle Illsley 902-678-3791



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Blue Mountain, Hammonds Plains	September 21 10 AM	Yes: <a href="http://hnwta.eventbrite.com">hnwta.eventbrite.com</a>	Free	5	Moderate	Meet at the end of Anahid Drive, off Kingswood Drive, off Hammonds Plains Road. Park in the cul-de-sac.	Halifax North West Trails Association Sharon Gibson <a href="mailto:sandfg6@gmail.com">sandfg6@gmail.com</a> <a href="http://www.halifaxnorthwesttrails.ca">www.halifaxnorthwesttrails.ca</a>
"Back to the Backlands – 10 years after the Spryfield Fire of 2009", Purcell's Cove Backlands	September 22 1 PM	Yes: Membership to YNC and pre-registration required at <a href="mailto:ynchalifax@yncns.ca">ynchalifax@yncns.ca</a>	Free for YNS members. Membership is \$25 / family / year	4	Moderate	This hike is limited to Young Naturalist Club (YNC) members. Membership is available at <a href="http://yncns.ca">yncns.ca</a> . Email <a href="mailto:yncns@yncns.ca">yncns@yncns.ca</a> with how many attending from your family and to ask for meeting location directions. The Purcells Cove Backlands contain a vast area of Jack Pine/Broom Crowberry barrens, an ecosystem with many adaptations to fire. It's not very often (fortunately!) that we get to see these fire adaptations in action in a human lifetime. Join us for a journey into the Backlands as we explore how it has recovered from a massive fire in the spring of 2009.	Young Naturalists Club Karen McKendry and Rebecca Parker <a href="mailto:yncns@yncns.ca">yncns@yncns.ca</a> <a href="http://yncns.ca/events/september-field-trip/">yncns.ca/events/september-field-trip/</a>
Summit Loop - Night Hike, Keppoch Mountain, Antigonish	September 27 7 PM	No	Free	5	Moderate	Meet at the Keppoch Mountain Recreation Area, 193 Keppoch Road, Antigonish (take Exit 30 off Highway 104). Join our resident hiking expert Andrew Bradshaw for a guided Night Hike to the Summit of Keppoch Mountain. This hike requires Intermediate Fitness, Beginner Skills. The hike includes a 5' wide dirt tread, little to no obstacles. Approximate time is 1.5 hours. This is a night hike during a full moon so please bring a headlamp or flashlight and a friend.	Keppoch Mountain Paul Basile <a href="mailto:thekeppoch@gmail.com">thekeppoch@gmail.com</a> <a href="http://www.thekeppoch.ca">www.thekeppoch.ca</a>
Headland Trail, Taylor Head Provincial Park, Spry Bay	September 28 10 AM	No	Free	8	Challenging	In Spry Bay, meet at the Taylor Head Provincial Park kiosk in the last parking lot. View directions at <a href="http://www.friendsoftaylorhead.com">www.friendsoftaylorhead.com</a> .	Friends of Taylor Head Warren Parsons <a href="mailto:rosalieeast@ns.sympatico.ca">rosalieeast@ns.sympatico.ca</a> <a href="http://www.friendsoftaylorhead.com">www.friendsoftaylorhead.com</a>
Bohaker Trail: Delaps Cove Wilderness Trail, Delaps Cove	September 29 1 PM	Yes: <a href="http://annapoliscounty.ca">annapoliscounty.ca</a> (click on Fall Hiking Series 2019)	Free	2.2	Moderate	Go to 2077 Shore Rd. West, Delaps Cove. We will meet at the trail map by the parking lot. This hike is a beautiful 2.2 km loop with a 43-foot waterfall. There is some uneven ground and steep banks along the trail. We will have two hikes scheduled: one will be an educational hike with special guest Gini Proulx, sharing her knowledge of the local plant life and fauna along the trail; while the second hike will be done at a slightly quicker pace but still relaxing and enjoyable.	County of Annapolis Nadine Barteaux <a href="mailto:nbarteaux@annapoliscounty.ca">nbarteaux@annapoliscounty.ca</a> <a href="http://annapoliscounty.ca">annapoliscounty.ca</a>